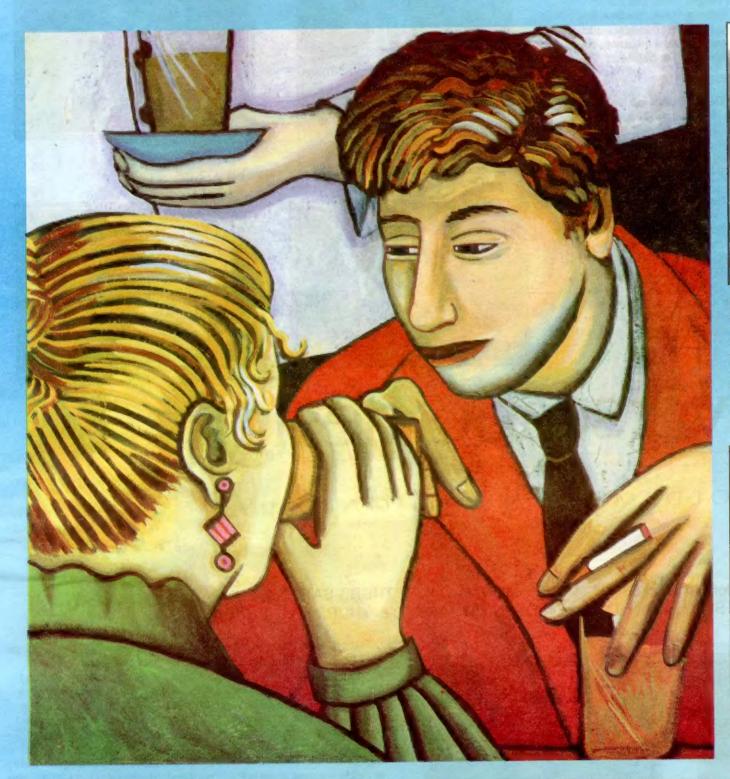
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VOLUME 3 · NUMBER 14

OCTOBER 4





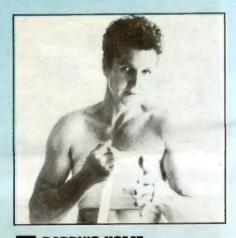
WE DIDN'T START THE FIRE Just when you thought it

was safe to breathe freely, local restaurant owners flare up over the imminent smoking ban.



18 COMMUNITY SAVINGS

The Northampton-based Dependable Business Alternatives is a professional placement agency whose profits support programs for the disabled.



22 DADDY'S HOME

Lesbian performance artist Peggy Shaw visits Hampshire College and transforms herself into her father.





Cheap Trick still have something up their sleeves after 15 years in the business. Surrender to the boys at Pearl Street on Sunday, September 25 at 8 p.m.

FRIDAY SEPTEMBER 23

Versus, Air Miami (featuring members of Unrest), Tuscadero, and Blast Off Country Style! play a show to end all shows at the Bay State Cabaret in Northampton. 21+.

SATURDAY SEPTEMBER 24

Dave Brinnel performs jazz at the Hotel Northampton from 7:30 p.m. - 9:30 p.m. No cover!

SUNDAY SEPTEMBER 25

Fred Small, described as "one of America's most inspirational songwriters," brings his powerful messages to the Green River Café in Greenfield at 7:30 p.m.

THURSDAY SEPTEMBER 29

Michael Gregory makes the crowd dance and gets the funk out with his nine-piece band at the Iron Horse in Northampton at 7 p.m.

FRIDAY SEPTEMBER 30

Cordelia's Dad, who mix urgent, banjo-fueled contemporary rock arrangements with traditional vocals, raise the roof at the Black Sheep Café in Amherst.

MONDAY OCTOBER 3

The Specials return with high energy, horns, and their message to Rudy for a mini-ska festival at Pearl Street in Northampton with Let's Go Bowling and SMA at 8 p.m.

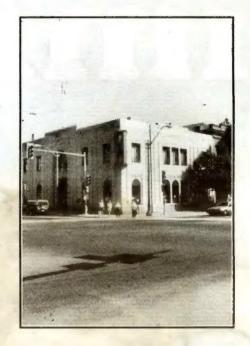
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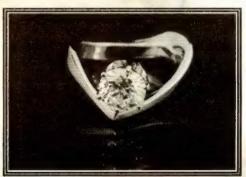
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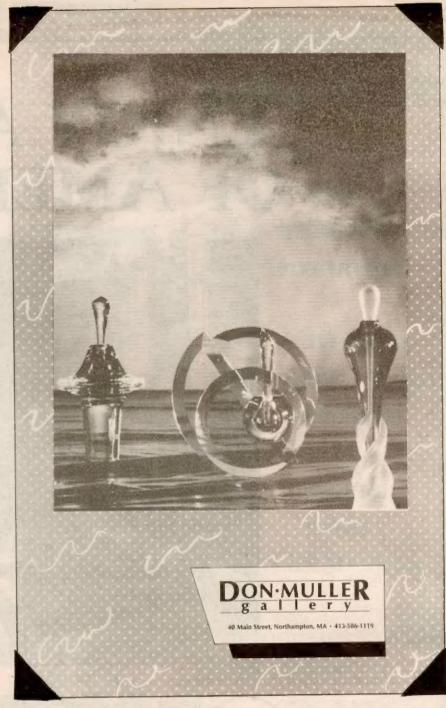
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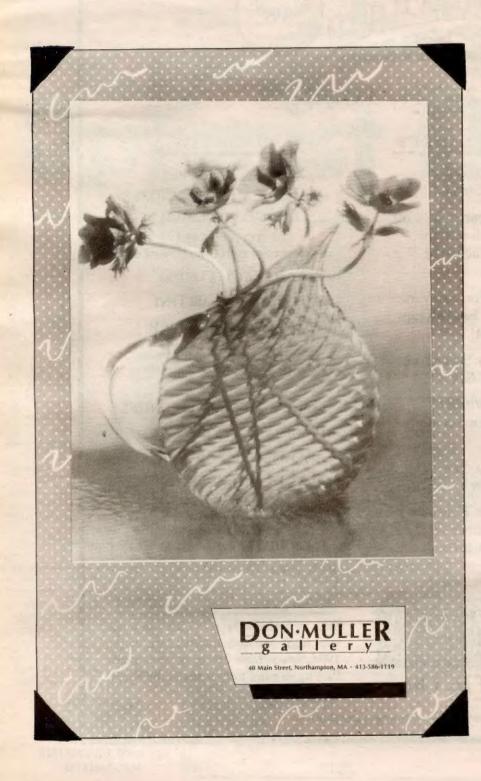
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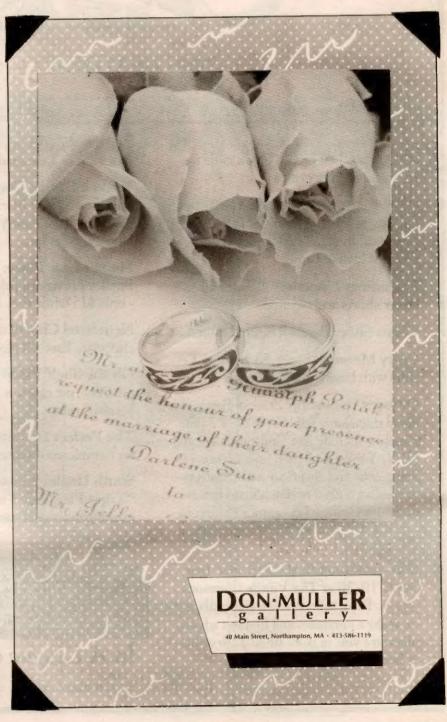
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Cover Photos

We Didn't Start the Fire **Community Savings Daddy's Home**

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On Our Cover

Cafe Giralda Sillva, Spain

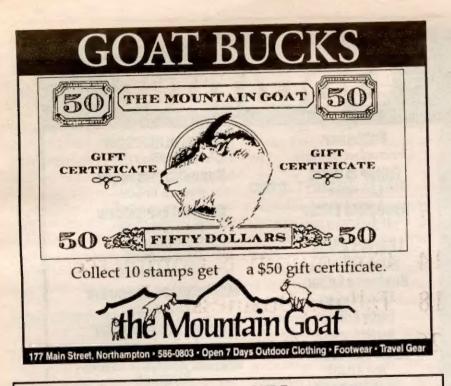
Oil on canvas by Jan Norman. The Artist's Work is on display at the Hart Gallery, Green St. Cafe and Pizza Paradiso.

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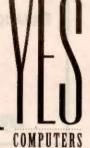


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THERE'S FIRE

The smoke-free debate heats up in Northampton

"Your industry is not our concern."

- John T. Joyce, Chairman, Board of Public Health, to local restaurant owners and members of the Northampton Hospitality Association Inc.

t was one of those infamous lines that will forever be remembered — forever remembered, forever misunderstood.

I think it's safe to assume Chairman Joyce meant to say, "Our concern is protecting public health, not running the restaurant industry," which would have been a fitting retort to Eastside Grill owner Danny Yacuzzo's assertion, "You don't know our industry and you are trying to tell us how to run our industry." But this was one of those times when your hands are tied too tightly behind your back to pry your foot out of your mouth. Mr. Joyce's remark provided an opening for all the Northampton restaurateurs and Hospitality Association members to vent their collective disgust: Well there you go! Now you've said it! That's what this is all about! In this small and humid hearing room on the second floor of Northampton's City Hall, frustration and mistrust roamed freely on the air like smoke in a bar. Well, at least like smoke used to roam around in a bar. Although the dissenters finally earned a 60-day reprieve from the imminent Northampton smoking ban, the end result has not changed. In two months the dust will settle and the City of Northampton will be smoke-free. The occasion was an eleventh-hour "workshop" sponsored by the Northampton Board of Public Health (BPH) on August 30 to address the concerns of local restaurant and tavern owners regarding the smoking ban that was to have been implemented September 1. But this particular hearing didn't seem like a workshop — it was more like a war.



Eastside Grill owner Danny Yacuzzo. "You don't know our industry and you are trying to tell us how to run our industry."

photo by Lou Cove

UNDER FIRE

As it has in so many American cities, smoking has come under attack in

Pam Schwartz, coordinator of the **Tobacco Free Hampshire County** Coalition. "When you have a public health issue, you regulate."

photo by Lou Cove

Northampton. And while the city's Board of Health wants to set a healthy example for its neighbors (many of whom — Holyoke, Easthampton, Chicopee — already have bans in place), its Hospitality Association would like to see another kind of example set. The result: restaurateurs-turned-civil libertarians squaring off against harried half-time BPH members and wellstudied, state-funded anti-tobacco activists. None of the enemies seem altogether comfortable with the roles. The tavern and restaurant owners just want business as usual; the activists want to do battle with the tobacco industry, not their neighbors; and the BPH (besides wanting to be able go out for dinner in this town again) just wants to save restaurant employees and customers from the ills of secondhand smoke. But fight they must. With two months to organize and plan, debate and delay, the issue that was all but settled has gotten a new lease on life. It's been a tough year for smokers. This country has witnessed the embarrassing display put on by tobacco industry suits who sat face-to-face with an inimical team of congressmen and denied, under oath, that they believe cigarette smoking causes cancer. Without a doubt, the smoker has become the cultural pariah of the decade. Nudged out of the workplace, banned from innumerable air flights, the smokers get less money for their used cars and pay more money for health and life insurance. Massachusetts smokers have had to fork over another twentyfive cents for every pack they purchase (that's an additional \$91.25 a year for the pack-a-day smoker). And what about those little children pleading with their parents in recorded announcements over the airwaves: "Please Daddy, stop smoking." You can't turn on your radio, turn on your television, or open a newspaper without being force-fed an anti-smoking campaign. Smoking's a dirty habit, but is it really as bad as all that?

COUGH SUPPRESSANTS

435,000 Americans die each year from smoking-related diseases - that's more annual deaths than accidents, fires, suicides, alcohol, cocaine, heroin and AIDS combined. The Environmental Protection Agency says that secondhand smoke is the cause of 3,800 lung cancer deaths annually and is linked to increasing children's risk of bronchitis, pneumonia, asthma, and middle ear and lung infections. It is estimated by the Massachusetts Department of Public Health that 11,000 Massachusetts residents die each year from tobacco-related illnesses. Those are the facts.

BY LOU COVE

But we've heard all that before, haven't we? We all know that smoking is bad for you, no matter what those guys from Phillip-Morris think. Most who are opposed to the ban feel their rights are being denied. They'll take their chances with the Grim Reaper — it's their private, personal business, isn't it?

Perhaps. But what about the \$1.5 billion taxpayers spend in this state alone on medical services and lost productivity as a result of smoking-related illness? Pass the hat around, because that works out to be \$250 for every woman, man and child in the state of Massachusetts. Suddenly, it's not so private an issue. Moreover, the public cost is not just paid in dollars.

"This is a public health issue," says Pam Schwartz, coordinator of the Tobacco Free Hampshire County Coalition. "We're not talking about whether somebody can smoke in the privacy of their own home or their car. We're talking about affecting the public health of others. And when you have a public health issue, you regulate." Schwartz likens the ban to similar U.S. restrictions on asbestos in our schools. "Asbestos is a Class A carcinogen," says Schwartz. "So is tobacco. There is no safe level."

As one of the most visible and vocal supporters of the ban, Ms. Schwartz has had her hands full fending off a slew of angry business owners. Her strong assertion during the August 30 hearing that the BPH not delay the ban was met with tremendous opposition.

"1.5 billion dollars in Massachusetts—that's a business concern," she argued. "That means lost wages, lost jobs. The idea to postpone seems absurd." Her comments were met with more moans and groans from those assembled.

"How much do you get paid to say that?"

shouted Packard's owner Robert McGovern as Schwartz rattled off her list of relevant facts and figures. "I don't think that bleeding heart from [the Coalition] would be here if she didn't get paid," said McGovern after the meeting. But Schwartz's presence was an important one, because as far as the rest of the City of Northampton was concerned, the ban was a done deal. Aside from Schwartz (whose salary is drawn from the revenue earned from the 25 cent cigarette tax for education and prevention — that's right, smokers pay her salary) and James Bergman (executive director of Stop

Danny Yacuzzo in his opening statement to the Board. "We're willing to help."

But the Board isn't looking for help, they're looking for compliance, and that's where things get sticky. For many tavern owners and restaurateurs, taking away their right to allow smoking is tantamount to taking away their right to conduct business in the manner they see fit. For people like Bobby McGovern, it is perceived as a blatant violation of their rights as business owners. As a result, Mr. McGovern has hired counsel to represent him.

"I know, one way or another," said attor-

at the hearing.

"Jake's is open from 11 p.m. to 3 a.m. on Friday and Saturday nights," said that establishment's owner, Daniel Workman. "That's a religious experience. At 2 a.m. these people don't care who's smoking and who's not. I don't know who I'm supposed to call when these people start smoking."

WHO'S HUNTING WHO?

Fears that the ban is inappropriate and fascistic ran rampant at the August 30 hearing, and dissenters searched for an appropriate metaphor for the sense of violation they were all feeling. But comparisons to banning red meat and the like were not effective. The health risks posed by a charbroiled cheeseburger only affect the person who's doing the deed. Smoking is considered an entirely different beast.

Imagine you're sitting in a restaurant eating your glazed duck and sipping a Chianti you shouldn't be splurging on, when someone sits down at the table next to you and lights up some jasmine incense. Or maybe they're just burning sticks. Your senses are assaulted. Your meal is ruined. Would you call the manager and have them stopped? Most likely. How different, then, are smokers? There is little physical difference in the action, only cultural. Igniting tobacco and blowing smoke around a restaurant has long been accepted in this country, but burning anything else is prohibited.

The real fear comes down to that most common of all denominators: money. Will the businesses lose it and whose fault will it be? Will smokers take their business out of town just to keep smoking at the table, or will they adapt to the new restrictions? Northampton's Chamber of Commerce is concerned enough to have publicly opposed the majority of the BPH's regulations, but

"Asbestos is a Class A carcinogen. So is tobacco. There is no safe level."

Teenage Addiction To Smoking or STAT), the hearing room was crammed with opponents to the ban. Supporters were at home expecting their weekend dinner on the town to be smoke-free.

NOT LYING DOWN

The Northampton ban was conceived as a measure to protect workers and patrons from the ill effects of secondhand smoke, or Environmental Tobacco Smoke (ETS) — preferred parlance in the lexicon of smoke warfare. An unofficial polling of the restaurant owners in attendance at the August 30 meeting found the majority to be non-smokers, sympathetic to the BPH's goal of reducing the damage incurred by cigarette smoking.

"There is no better educational venue than local restaurants," argued Eastside's

ney Steven Winniman, McGovern's hired gun, "Bobby McGovern will challenge this ban if the city chooses to enforce it. He will not take this lying down."

Winniman's line of attack is direct and lawyerly, unlike the general emotional reaction and cries of violated civil rights from most of McGovern's peers. He believes that the BPH may have "overstepped its powers with a ban of this sort." Banning smoking in McGovern's restaurant and bar, for Winniman, has constitutional infringement written all over it. "It is a restriction on the use of his own property," says Winniman, "which amounts to a 'taking." He argues further that the BPH has, in effect, delegated police powers to the restaurateur. "Bobby McGovern has to police his own restaurant or he gets fined or closed down." That fear turned out to be a common one

Stephen Petegorsky Photography



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Members of Northampton's Board of Public Health watch the flames rise.

photo by Lou Cove

does support a ban on tobacco vending machines and the requirement that retailers who sell tobacco products pay a \$25 annual permit fee. The business community clearly wants to comply with the spirit of the Board's action by helping in the effort to educate the community about the hazards of smoking while also working its way around to a voluntary ban on smoking, citing the 39 restaurants in Northampton that are already smoke-free.

But the Board delayed the implementation of its ban only for the purpose of clarifying the variance process, so the reprieve is not as satisfying as it might have been and tensions continue to run high.

The anxiety surrounding the potential loss of revenue is both very palpable and very real, but research should assuage some, if not all, of the concern. A study published in the American Journal of Public Health this July found that smoking ordinances had "no significant effect on the fraction of total retail sales that went to restaurants," and concluded that smoke-free restaurant ordinances do not adversely affect restaurant sales. The study, conducted between 1986 (1982 for Aspen) and 1993, included 15 cities in California and Colorado, as well as 15 control communities that had no such smoking ban.

Still, many are not moved by any study, statistic, or result. To them, it is freedom that is being restricted, not smoking. Whether or not they are suc-

cessful in repealing the ban, the bitterness left in their mouths by this battle will not wash away any time soon.

"Without threatening," said Depot owner Chuck Bowles to the BPH, "there are those who would stand up for their rights and choose their own course of action. I would comply with your regulation, but I would hate it. And I would do whatever I could to see that you were never able to regulate me like that again."

JUST THE FACTS

- Nearly 435,000 Americans die every year from smoking-related diseases. That is more annual deaths than accidents, fires, suicides, alcohol, cocaine, heroin and AIDS combined.
- Every year 3,000 Americans die of lung cancer from secondhand smoke.
- · 28% of Massachusetts residents are smokers.
- 11,000 Massachusetts residents die each year from tobacco-related illness.
- Massachusetts taxpayers pay \$1.5 billion per year in medical expenses and lost productivity as a result of smoking-related illness.
- \$2.17 would need to be added to every pack of cigarettes to cover the cost of treating smoking-related diseases and lost productivity.
- According to former U.S. Surgeon General C. Evertt Koop, cigarette smoking is the leading preventable cause of death and disease in the nation today.
- The tobacco industry sells \$1 billion worth of cigarettes to youth each year.

Source: Massachusetts Department of Public Health

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VALLEY OPTIMIST MAGAZINE - SEPTEMBER 21, 1994 - 13

COMMUNITY&COMMERCE

We Can't Just Leave it to Beaver Anymore

Author Laura Benkov chronicles the history, complexity and possibilities of Lesbian and Gay families by Iill Rubinstein

-hat is a family, exactly? Ask any group of nine-year-olds today, and chances are the answers will be far more varied and specific than they were ten years

ago. Boston psychologist and lesbian mother Laura Benkov explores that definition and more in her recent work, Reinventing the Family: The Emerging Story of Lesbian and Gay Parents. Remember when Carol and Mike Brady called a family meeting to deal with that tricky one-phone-for-sixkids-situation? If only it were that easy. Today, custody battles, issues around donor insemination, parenting roles and homophobia have all become part of the modern family's challenge. As the methods for addressing these issues unfold, resources like Reinventing the Family will undoubtedly become quite valuable.

TVO: Reinventing the family is a well-explored topic of conversation in the Pioneer Valley. What kind of significance do you think the book will have for people who have already done a good deal of research and thinking about this topic?

LB: I view [the book] as a social his-

tory. The book is certainly not a handbook or a how-to type of thing. What I tried to do is trace the recent history over the last two decades of gay and lesbian parenting. That's why it's called the emerging story, because I think it is a story that is very much in process. I think history really does help us define our struggles more, so I do very

or who are lesbian and gay parents.

TVO: What kinds of tips for parents do you have for dealing with homophobia in

LB: Well, I have ideas, but I definitely made a decision not to write a book that was an advice or a how-to, but that was more of a social history, a chronicle. I was very interested in how different people handle things. So, that is the point of view from which I approach the whole issue of homophobia. I think we need to be reminded as a community, particularly in a place like Northampton where there is a well-developed gay and lesbian support system, that there are many people living in many parts of the country where that is not true. One of the things I think we need to have a dialogue about is the different paths people take in the community. I'll give you an example: I talked to [lesbian couples] who say they wouldn't choose to have a hyphenated last name for their child, and they wouldn't choose to have their child call them both Mommy, because they want their child to have the option of whether or not he or she comes out about his or her family structure.

I talked to people who articulate very important things about why they see it that way, about why coming out was a process and a choice, and that they want their child to have a chance to make his or her own choices. So, I think rather than setting it up as just a homophobic position or a fearful position, it is also the way the parents are articulating respect of the child. On the other hand, I have had parents say that's wrong because as a gay or lesbian parent you need to shape their world in such a way that you are modeling pride for them. I think there are some very valid points in that position, too. What I stress in the book is that they don't need to be polar opposites. As a community, we should continue the dialogue about the different values that we are trying to establish with our children and how do we do that in a homophobic world.

TVO: What kind of legal recourse do the non-biological parents have when gay and lesbians couples break up in terms of custody or visitation rights?

LB: Well, that's one of the really key issues of our time. For the most part, those cases have been very negative for the non-biological parent. There's a little bit of a shift occurring, but it's very little, and it depends on where you are. I think what's really up here is, are the courts going to acknowledge that parenting is not necessarily a matter of biological connection? There have been a few courts so far that have acknowledged the [the importance of the] psycho logical relationship [between parents and children]. Most of the cases where the courts

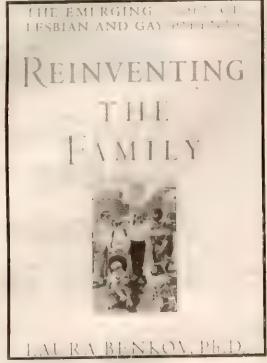
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TVO: You do end on a hopeful note in the book. Through all your research, did you get the sense that the definition of family was expanding?

LB: Yes and no. I'm cautiously optimistic. One interview I did in California was with

continued from page 44



much hope the book will be read by people who are very much in the center of this, people who are making their own families



Seat Of Their Bikes, Part 2

Our intrepid Valley travelers, Meg Taylor and Penelope Voekel, have reached Michigan in this edition of their cross-country report. Apparently, they have succeeded in reaching that legendary, for-womenonly event - the Michigan Women's Music

We have traveled from Toronto to Sarnia, then to Port Huron, Michigan. We call the Mason County Clerk's office on the pay phone at Denny's, next to the Buick dealership, to find out where the Michigan Women's Music Festival is. I [Meg] want to visit my girlfriend. "I never heard a that," is the answer, after several extension transfers, Michigan-style. "Wait a minute - if it's the one I think it is,... well, it's heavily guarded."

"What do you mean? It's a music festi-

"Well, if it's the one I think... [grave sigh] it's a nudist camp."

I try too hard to conceal a full-on laugh. "Well, that's the speculation that's going about. I'm not really sure, But if it's the

one I think it is, it's in Whiskey Crik." "Whiskey Crik?"

"Yeah, south of Wallahalla."

"What's a crik?"

"Just take a left in Wallahalla until you see water," and he hung up.

Ninety miles later, in the middle of nowhere, we see breasts. Bare breasts. Over 600 pairs. And lots of processing. About ten times as much as at the Northampton Lesbian Festival. There were 7,000 women at this festival, but when we arrive, only the workers remain - the music is over.

The workers are divided into crews, and we meet the security crew first, who cannot let us on the breathtaking Land until we've been cleared to work on a crew the next day. So we sit around a security crew fire at Gate 5 and listen to the workers process about the tofu veggie dish and the bagel flavors until my girlfriend shows up. Fortunately, she's happy to see me.

These are the nooks and crannies of the Michigan Music Festival: love tents, the Belly Bowl, the Worker's Kitchen, the Cuntree Store, tattoos, bleached blond reaks, sassy 13-year-olds,

· ds..We spend the next day picking trash, processing all the nudity and drinl ing beer - clothes on - with the work ers we've met at the only country-western billiards bar for miles in this part of Michigan, Crystal Valley. Hundreds of dykes in the middle of nowhere; what a flirt fest. Wish I could have seen the music. Off to Minneapolis. *

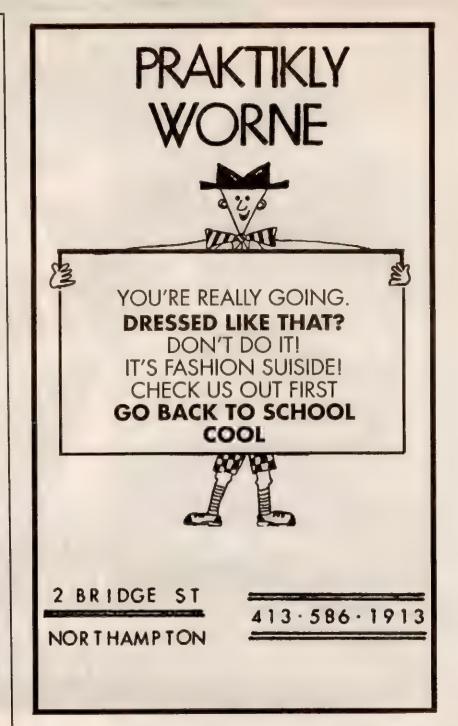


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VALLEY OPTIMIST MAGAZINE # SEPTEMBER 21, 1994 # 17

TALKING BUSINESS

Profits to the Rescue

A unique economic partnership saves a local business and preserves community service

by Erica Habert

ommunity Enterprises, Inc., (CE), a human services organization that has provided housing, employment, and other support systems to people with disabilities since 1972, was faced with a two-headed beast—potential bankruptcy and the loss of invaluable service to the community. At the brink of extinction, a rescue team created an innovative business lifesaver: a forprofit business that exists solely to provide financial support to its non-profit parent organization.

"Our profits don't leave the area, and they may be helping your neighbor."

CE, with offices throughout Western Massachusetts and Connecticut, is funded primarily by state agencies such as the Departments of Mental Health and Retardation and state Vocational and Rehabilitation Agencies. But as their demand for services expanded and their financial support base didn't, CE was faced with a potential monetary crisis.

"It was the end of the prosperous '80s when there were huge budget cuts in human services funding," explains Andrea Callahan of CE's main office in Northampton. "As a non-profit organization, we began to ask—what can we do to survive? Our whole investment is providing human services to people with disabilities and we wouldn't have been able to continue our mission without adequate funding."

A group of CE personnel formed a committee, hired experts from the outside, and came up with an innovative way to ease the organization's fiscal concerns. "We needed to become more self-sufficient," says Callahan, "and one of the ways to do that was to create a for-profit business," to support their services. Months of tireless research and planning resulted in the formation of the Northampton-based Dependable Business Alternatives (DBA), a temporary and professional placement

agency serving the general public.

Today, less than four years after its inception, DBA claims approximately 80 Western Massachusetts businesses as customers, boasts 300 registered temporaries available for placement, and contributes upwards of 12 percent of CE's total revenues. The choice to make the for-profit enterprise a temporary agency was a successful one, says DBA General Manager Ernie Whitney. According

sage than the competition. We can tell employers, if you use our temporaries, the money is staying in the community. It's staying in the Pioneer Valley — exclusively— to support programs for people with disabilities. Our profits don't leave the area and they may be helping your neighbor."

"It's a wonderful opportunity for everyone involved," says DBA Account Manager Vicki Hicks, who has worked in the tem-



Account Manager Vicki Hicks, General Manager Ernie Whitney, and other members of Dependable Business Alternatives — the temp agency that rescued a community service.

photo by Amber Davis

to Whitney, the temporary-employment industry is one of the ten fastest-growing industries in the U.S., with many of today's jobs stemming from short-term contracts and projects rather than from permanent positions.

However, fast growth of the industry isn't the only component Whitney considers to have contributed to DBA's success. There is also to DBA's unique mission as a forprofit enterprise. "One reason that we were able to establish ourselves so quickly and do so well is that we have a different mesporary and professional placement business for over thirteen years. Hicks, along with three other DBA employees, conducts in-depth interviews of potential temporary employees in the office support and light industry sectors. She cites DBA's quality of service and availability as reasons for their success. "Our phones are monitored twenty-four hours a day, seven days a week," she says. "Customer service is something that we do very well and take great pride in."

continued on page 44

MAKE A DATE

WEDNESDAY, SEPTEMBER 21

Amherst Area Chamber of Commerce Luncheon: "Is Wellness Worth It?" featuring speaker Erik Muten of the Kailo Institute. 12 p.m., Seasons Restaurant, \$10 mem/\$12 non-mem. Registration required. Call 253-0700.

FRIDAY, SEPTEMBER 23

Franklin County Chamber of Commerce Chamber Breakfast Series Featured Program: United Way fund drive kick-off. 7:30 a.m., French King Restaurant. \$8 per person. For information: Chamber Office (413) 773-5463.

WEDNESDAY, SEPTEMBER 28

•The Western Massachusetts Institute of Management Education, Inc. presents Proactive Strategic Planning That Makes Things Happen, a program for business owners and senior managers. Learn how to focus on what you need to do now to grow and improve your company. 8–8:30 a.m. breakfast/8:30 – 11 a.m. program. Quality Hotel, Northampton, \$65 mem/\$85 non-mem — includes breakfast, coffee break, and informational material. For registration information: (413) 589-7844

•The UMass Family Business Center Grand Opening Reception: cocktail reception to celebrate the opening of this membership program for family businesses in Western New England. 5:30 — 7:30 p.m. 1009 Campus Center, UMass campus. For information: Ira Bryck 545-1537.

THURSDAY, SEPTEMBER 29

•Massachusetts Health Data Consortium, Inc. & Tufts University School of Medicine — HealthMart '94: Health System Reform & the Healthcare Information Highway. Managers and health care providers will discuss cost containment and improving the quality of and access to health care for all employees in New England. 8:30 a.m. — 5:30 p.m. World Trade Center, Boston. For information: Susan Carman (617) 272-7172.

•The Women Business Owners Alliance & Small Business Development Center—Buy Women, a trade show of local businesses owned by women. 3—8 p.m. Ramada Inn, Springfield. For information: Jackie Gilmartin (413) 789-3508.

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COMMERCIAL PULSE

The Key to Employee Retention

The fall season typically brings big business to the Valley, from foliage enthusiasts to approximately 30,000 returning students. For many employers, the population boom also means a change in the roster of employees. If you're hiring new staff, or if you plan to anytime soon, you might be interested to know the results of a recent survey on employee retention.

The survey, developed by Robert Half International [RHI], the world's first and largest staffing services firm, attempted to determine what the single most common reason is that employees leave a company. The results, gathered from 150 executives from the nation's 1,000 largest companies, revealed that a lack of praise and recognition is the number one reason. This factor accounted for 34 percent of the executives' responses, followed by compensation (29 percent), limited authority (13 percent), and personality conflicts (8 percent).

"Companies that believe money is an employee's sole motivation for working are destined to lose some of their best people," said Bob Half, founder of RHI and author of the book, Finding, Hiring, and Keeping the Best Employees. In addition to performance-based bonuses for employees, he said, managers should provide "informal rewards" such as hand-written notes and verbal praise. Half added that while monetary compensation is important, it is "most effective when an employee can see a direct relationship to his or her performance."

Jeff Newman, RHI's area manager for Connecticut, noted that managers can also reward their employees by offering them additional responsibilities and more desirable assignments in the workplace. "This demonstrates confidence in their potential for growth," he said. He also suggested that employers take a proactive role with employees in this regard. "Don't assume employees know their work is valued by management. Instead, take the initiative to show them their efforts are appreciated." Robert Half International will open its Springfield branch full-time by the end of the year. It is currently open 3 days a week. Call (413) 734-7752.

RAPID PULSE

IN AMHERST

The University of Massachusetts graduate computer science program was ranked "18th best in the nation" in U.S. News magazine's 1994 edition of America's Best Graduate Schools. Ranking was determined by chairs of computer science departments across the country. William Adrion, who has headed the UMass program since 1986, recently stepped down from his post to pursue research interests in software testing and analysis, and to direct the computer science department's Center for Research in Intelligent and Complex Computer Systems [CRICCS], "We've developed a very strong program and it's good to see it getting recognition from other computer science departments. It's the highest form of praise," he said. UMass receives more federal research funding for computer science than any other public university in the US. The department has long been known for its work in artificial intelligence, robotics, and distributive systems.

IN HADLEY

The pioneer of the office superstore industry has hit the Valley. Staples, Inc. opened a Superstore on Route 9 on September 12, making it the Company's 25th store in Massachusetts and the 319th nationwide. "Volume buying and centralized distribution allow us to operate more cost efficient stores," said Jack Bingleman, president of Staples, North American Superstores. "The savings are passed on to Staples' customers, who save between 30 and 70% off every item in stock." The Staples Superstore offers business services such as leasing, faxing, and free delivery. Call the store at (413) 253-2599 for additional information and business hours.

IN KORTHAMPTON

On Wednesday, September 28 from 7:30 to 9 p.m. the Greater Northampton Chamber of Commerce will host a public forum to present both sides of 3 business issues that will be decided by referendum vote on election day. The most controversial of the three is the graduated income tax, a proposal to replace Massachusetts' flat rate income tax with a graduated tax that would tax income at higher rates as it rises. The featured speakers for the forum are Jim Broude from Tax Equity Alliance for Massachusetts (TEAM) and Barbara Anderson from Citizens for Limited Taxation, each representing a side of the debate. Also covered at the forum will be information on the repeal of Massachusetts blue laws and new laws governing corporate funding of initiative petitions. For location and other information call the Chamber at (413) 584-1900.

IN WESTERN WASSACHUSETTS

The Organizer, a new service covering Hampshire and Franklin counties, specializes in custom organization of social, personal, and business matters. The company's services range from reevaluating and reorganizing office space and kitchens to creating an orderly storage of files. Susan A. Bartfay, the owner/operator, has been in the home and office cleaning business for 13 years. She noted that "everyone has their own individual preferences and needs, and this service is about catering to those specifications on many different levels." Discounts are available to individuals active in the AIDS

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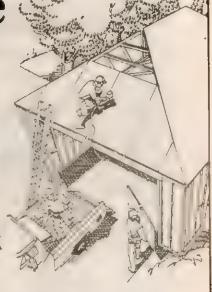
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To enjoy wine you

have to enjoy life,

and to enjoy life

you need to relax

Raising Glasses, Falling Leaves

by Yves Ferrand

lorious New England! Warm summers drenched in green, leafy, cloth air, humid like the tropics are, followed by cool azure skies and maple trees exploding in gold and red and orange. Winter then comes to remind us that we are mortal, making life dark and dangerous, almost hopeless. Yet, when all seems lost, when we feel that the trees will always remain bare and the ground always covered, spring comes. Like flute music across a still lake, the spirit of spring draws ever nearer, until we feel it in our bones, before the first flower blooms or the first leaf uncurls. This part of the country is filled with so much beauty that every week seems to outdo the week before. What does all this have to do with a wine column, you ask?

I was saddened by the fact that last Labor Day almost all shops were open. For someone who enjoys New England, wine, good food and relaxation, I found that there were too many people working on Labor Day. They should have been hiking up on the mountain range, stopping for a little bread, cheese, and fruit,

and quaffing bottles of Beaujolais. They should have been kissing their summer friends good-bye with late afternoon parties out in their gardens. Instead, most people were stuck in indoor malls selling footwear and shoving things into deepfryers or standing next to cash registers listening to that "bleep...bleep" noise. Employers, I beg you: give us our holidays, give us time to enjoy life.

Granted, this is a wine column, but to enjoy wine you have to enjoy life, and to enjoy life you need to relax and have time off. Slow down to stop for a real lunch in a real place. Not a burger in down the interstate, not a bucket of fried

parts and a drink made of carbonated water and corn syrup on a plastic chair, surrounded by greasy stale air and ring-of-purgatory busboys cleaning tables!

Where I work we may have a glass of wine

for lunch. This may raise the eyebrows of sullen mid-management types whose punch card glares and ferret-like eyes let you know that they are wary of such hints of enjoyment. A glass of wine will not turn you into a wild opiated lunatic, but it might, if given the proper amount of food and time, make you feel positively about having a break mid-day. Sometimes I enjoy my glass of wine in a thermos cup while I sit in a out-

door park. I know this is silly, but it has a practical side; the wine stays at the right temperature and I avoid the disdain of those "life censors," the type of sour souls who flap around all your lap as you drive and have time off, day looking for something to complain about. With a

thermos bottle, a loaf of bread and thou... I can enjoy the stunning changes of season and my lunch with wine.

The season is now fall, and the outdoor

spots at Paradise Pond, Child's Park and the river paths await. My preference for wine styles change with the season and the Vino Verde, Muscadet and light reds lose their allure and the rich robe of Pinot Noir and ruby-colored Merlot come gliding down the leaf-strewn path. Big weekend meals are planned and treasures from my cellar come forward to welcome the cool crisp air. As winter approaches and the skies darken I look towards indoor haunts with warm fires and great picture windows overlooking snow covered fields and icy rivers. Then, I dress in a woolen sweater, drinking big Rhone red wines and young blackfruit Cabernets, eating venison and baked sweet potatoes. There I wait for Spring, that first high note across the lake, played by Pan. With Spring I drink German Rieslings and rich-flavored Chardonnay. I spend time in my garden watching nature do what I cannot, and I am in awe.

Enjoy this show of shows in New England, and get yourself a thermos.

Regards,

Y.F.



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Daddy's Girl

Peggy Shaw's one-woman show recalls growing up butch in the '50s by Sarah Larson

n her solo performance You're Just Like Your Father, lesbian performance artist Peggy Shaw binds her breasts, wraps her hands for boxing, and clothes herself in a suit, an army uniform, and other male outfits. By the show's end, she has enacted a process that audiences can identify with on many levels: transformation into the father. "I adored my father," Shaw says. "I loved the smell of his clothes, the way he put cologne on, the way he buttoned his shirt. The thing I love about drag is the way the clothes feel. When I put these clothes on, I don't [literally] become him; I just love what it makes me into."

Although Shaw's performance draws on elements of pain, anger, and parent-child conflict, her style is compelling and immensely engaging; she manages to create a show that has been described as "hilarious" by critics, and that ultimately speaks more of love than of hate. In her art and in her teaching (she is a recurrent resident artist at Hampshire

"The thing I love about drag is the way the clothes feel. I just love what it makes me into."

College), Shaw emphasizes the importance of making personal history vital mate-

"I believe in entertaining the audience," says Shaw. "I [created] this show the way I teach my students to come up with their work — imaging and not censoring your-

self." Childhood memories are excavated from the hazy annals of memory and considered anew, made modern without the filters of nostalgia or romantic convention. "It's a way of going down to the bottom of the pond and digging up all that shit on the bottom, all that stuff you keep way down," Shaw says. "And you dig it up and it's so powerful... I believe that everyone has their own story that's just as pow-

erful as everyone else's. I don't believe that life has a plot, I don't think it has a plot or a murder or a rape or a war. My life is a series of pretty wild events put together somehow because I'm in the same body all the time. And that's kind of how the theater is."

The theater unites small stories as Shaw's per-

The theater unites small stories as Shaw's performance unites personal vignettes, as editing film strips creates a narrative movie. In You're Just Like Your Father, Shaw creates a mosaic, a composite portrait that is at once her father and herself.

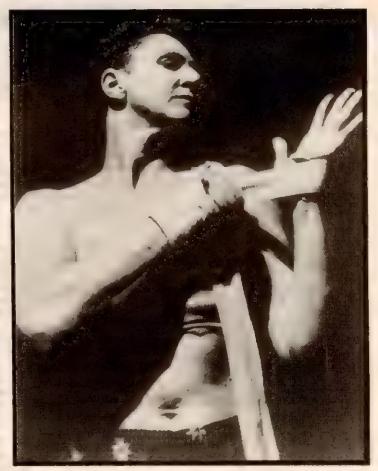
"I'm aware that there's an audience, so I have to keep it entertaining," says Shaw. Here, entertainment comes not from vulgarity or histrionics but from a more intimate source: Shaw finds entertainment in personal risk. "When I'm coming up with something, the first thing I think of is, what about this material is risky?" she says. "With this show, the risky thing is being solo. And the risky thing is binding my breasts, and doing drag. I mean, I've always done drag. For 20 years I've done my own drag, but this was a more emotion-

cholic drag because it has to do with my parents. So the show's kind of melancholic, and kind of accepting.

al kind of melan-

show has a nice feeling, you know, because it's accepting... I love my parents, they were very, very tough. I hated them at different times, but you grow up."

The risk she speaks of has struck chords with diverse audiences, from Hampshire College students and their parents (You're Just Like Your Father's premiere was at Hampshire's parents' weekend) to the patrons of La MaMa in New York to people in cities all across Europe. The theater she cofounded in New York, WOW, has seen tremendous success since its opening over decade ago and is



Lesbian performance artist Peggy Shaw binds her breasts, wraps her hands for boxing, and displays a homespun love of drag in her one-woman show You're Just Like Your Father.

the only lesbian theater in the city. Another testament to Shaw's knack for entertaining and affecting audiences is that her involvement with Split Britches, her theater group, has supported her for 15 years, won several Obie awards, and taken her on international tours. Shaw's ability to meld entertainment with personal history, spectacle with universal character, accounts for this success. At one point in the one-woman show, she even does some lounge singing. "I go into the audience and sing 'To All the Girls I've Loved Before,' that Julio Iglesias song," she says with amusement that seems to reflect both ironic and genuine affection for the song. She finds that her ability to entertain on such a variety of levels excites audiences of all kinds.

"I have audiences who have children who come, over and over, because they love our shows," she says. "And it's not bad. I mean, [the shows] are risky. But they're not anything you wouldn't bring your kid to. They're not gross or anything. And they're loving."

Love is the potent force in Shaw's work, the element that unites the melancholic with the comedic, the angry with the sensual; it provides the nerve of both her solo work and her work with Split Britches. "In our group, we basically have a rule: one of our only rules is that we love our characters, because so many women characters have been unloved. Some of them are really risky characters, religious people, or characters that we might hate, but there's something about them we love. So before we go on, we say, 'We love these characters.'"

Reinventing old mores, reclaiming such swaggering products of male culture as the urbane Iglesias song, and finding comfort in her father's clothing are all manifestations of Shaw's great strength — regeneration, creating beauty out of conflict and sources of turmoil. You're Just Like Your Father celebrates this method for triumphant renewal.

Peggy Shaw will perform You're Just Like Your Father October 5 and 6 at 8 p.m. at Hampshire College's main lecture hall. Tickets are \$8 general admission and \$4 for students; call 582-5351 for information. *

New Releases

An Emotional Wreck and a Sprawling Mess

HIS NAME IS ALIVE — KING OF SWEET (PERDITION PLASTICS)

Take a bit of Brian Eno ambiance, midperiod Pink Floyd, an angelic female voice, screeching guitars, and a warped pop sensibility. Explode these ingredients together, then patch them up with tape loops,

treated instruments, and sonic fireworks that ignite out of the blue, and you sort of have the recipe for King of Sweet, a seamless and strange song cycle from the mysterious His Name Is Alive.

Beginning and ending with the sound of crickets in a field, King of Sweet is a compilation of demos from HNIA's private collection that have been sewn together into a weird concept album. It's arty to be sure, but in a playful way. Of the

15 tracks, fewer than half are actual songs; a large chunk of the album's "72 stereo minutes" are filled with noise, whether it's amplifiers feeding back, or recorded voices repeating a weird phrase over and over, or Public Enemy's "Fight the Power" being. played backwards off in the distance.

The disc is spooky and unsettling, because things come out of the sonic woodwork unexpectedly. Just when a song seems to take shape, drawing the listener in, it teasingly dissolves into a haze of ultra-distorted noise or soothing keyboards. Peeking out from the ambient field are "Honey

Babe, My Blue-Eyed Babe," "Meet Me By Moonlight, Alone," and "Take a Look Around You," which begins like "De Do Do Do, De Da Da Da" by the Police before veering into an alternate version of "Why People Disappear" (from the group's 1992 music puzzle Home Is In the Head). They're odd songs, with arrangements that were made to be listened to on headphones with eyes closed; many tunes have two entirely different drum or vocal tracks in each speaker, which is perfect for throwing brains off-

For the squeamish, His Name Is Alive's 1993 album Mouth By Mouth is more songoriented (and just as bizarre), but King of most cohesive disc so far - there's nothing left to get in the way of the music's emotional wallop.

Bakesale explodes open with "License to Confuse," an insistent, speaker-crackling, 100-second onslaught. "Careful" is just as powerful, making the most out of the rudimentary three-piece lineup; Lowenstein's bass work is especially excellent, taking up the melody to the song in all the right places. There are numerous other highlights, including "Skull," "Got It," "Magnet's Coil," and "Rebound," all of which are good examples of Sebadoh's knack for keeping songs memorably simple.

The simplicity of the music is one of its strong points - no weird effects or studio tomfoolery here. With just bare drums, bass, and guitar interacting over forty minutes, Bakesale almost seems like a grand confessional symphony with separate movements: the first three songs blast out of the gate, while the next three seem more interested in getting an emotional point across rather than following a strict verse-chorus pop

And though the 15 selections included here are straightforward, there is still something about the basic Sebadoh soundscape that pushes the songs slightly off-center. The guitars and amplifiers sound like they're clogged with grit and sand, making it seem as if the songs are emanating from a world where everything is a bit more melancholy. Bakesale is a beautiful, gigantic, emotional wreck of an album.

- Ken Maiuri





Sweet is an interesting experiment that works for the intrepid listener. It's a sprawling mess of intriguing ideas.

- Ken Maiuri

SEBADOH — BAKESALE (SUB POP)

Sebadoh no longer have to scream loudly to get their point across. The noisefests and bellowing (largely the work of Eric Gaffney, who is no longer with the group) have been bulldozed away by the strong songwriting of Lou Barlow and Jason Lowenstein, making Bakesale the band's

What's Spinnin' in the Valley Main Street Records

1. Ray Mason Band - Between Blue and Okay(Bullet)

3. Silver Jews/New Radiant Storm King — split 7" (Chunk)

5. Run C+W --- Row v. Wade (MCA) 1. Eric Clapton - From the Cradle (Reprise)

3. Marty Stuart - Lova and Luck (MCA)

2. Zeke Fiddler - Waterproof (Spin Art)

4. Squeek — Gl*nk (Toxic Lollipop) 5. Oueer - David Soul (Spanish Fly)

1. Nanci Griffith - Flyer (Elektra)

2. Sheryl Crow — Tuesday Night Music Club (A+M)

2. Various Artists -- Red Hot and Country (Mercury)

4. Travis Tritt — Ten Feet Tall and Bulletproof (Warner)

3. Shawn Colvin -- Cover Girl (Columbia)

4. Sebadoh --- Bakesale (Sub Pop)

5. Bob Mould - Poison Years (Virgin)

1. Joshua Redman Quartet - Moodswing (Warner)

2. Charlie Hunter Trio-S.T. (Mammoth)

3. Keith Jarrett --- Bye Bye Blackbird (ECM)

4. Maynard Ferguson — Live from London (WEA)

5. Boswell Sisters - It's the Girls! (ASV)

1. Benedictine Monks of Santo Domingo - Chant (Angel/EMI)

2. Igor Kipris - The Young Beethoven (Epiphany) 3. Anonymous 4 — Love's Illusion (Harmonica Mundi)

4. Gil Shaham - Barber/Korngold Violin Concertos (DGG)

5. Michael Nyman — The Piano Concerto (Argo)



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TVO Gets Under Birthmark's Skin

Interview conducted by Tom Hotz

irthmark plays heavy, chunky, groove-oriented rock with a hint of Led Zeppelin and a tip of the hat to Jane's Addiction. We

We could incorporate some kind of mindcontrolling frequency into the **PA** speakers that would convince everyone to come

recently caught up with Birthmark (Greg Eramo on drums, Mark Warga on bass and vocals, and Tom Sturm on guitar and vocals) and discussed their budding film career, pop music, and their choice of building material.

to our shows and

give us money.

TVO: How'd you get together?

Greg: From the very beginning, it was me and Tom and another guy who started a band called Southgoing Zax about two years ago and that lasted about a year. Then we had a two-month space where we had no band. Mark called me and said he read our flyer and we met. We loved him and he's still stuck here in

Tom: There were many trying times along the way. We did a couple of studio tapes as Southgoing Zax and the second one came out as Birthmark because we

decided to change the name after we lost song catchy to people. There are ways to our first bass player and we heard there was a band in Michigan called Southgoing

determine why this chord change sounds good and a lot of people use it as almost a

Birthmark — bringing mystical rock from the ancient temples to you.

TVO: How would you describe your

Mark: Very dramatic and mystical. We write operas.

Greg: Extremely pornographic.

Tom: It's still kind of taking shape. We're definitely loud and energetic. We're tightly focused on songs.

TVO: Would you call it pop music?

Tom: I understand pop formulas. It's really an interesting thing, what makes a

science. It's hard to say - some people write really great three-chord songs and some people write really horrible songs with fifty chords in them.

TVO: What bands do you like in com-

Mark: We all meet at a three-way crossroads. I don't know, Frank Zappa, Zeppelin, the classics.

Greg: We all have influences that relate, but we also have ones that don't that you can bring into the band. We play together because we have open minds towards appreciation of music and we're not focused on anything except music.

TVO: If you could be in any other band in Northampton, which would it be?

Greg: [I'd be] the drummer for Ray Mason.

Mark: I'd probably be the bass player for Amy Fairchild because I really love her music and I think her band's killer.

Tom: I like the songs that Ray Mason writes and I like Chet Keefe and The Blood Oranges.

TVO: What do you have planned for the next six months?

Mark: We're actually working on a movie. It's probably going to be a fifteenminute short film and we're going to do the soundtrack.

Greg: The whole thing is kind of ambiguous. It's called Little Dreams. The filmmaker works here at the Brewery with Mark and I. He really liked our music and he had some ideas. This summer we've been going up to his place in Hatsield and filming. We've also been sending out packages to labels and management companies and colleges.

Tom: I've been trying to think of a way to get everyone to like us. The first plan was to build an army of androids that would come to our shows and work jobs for us. Eventually the herd mentality would take over. My other idea was that we could incorporate some kind of mind-controlling frequency into the PA speakers that would convince everyone to come to our shows and give us money. We'll need a research grant to do it.

TVO: What's your favorite building

Tom: Adamantium. It's very strong and practically indestructible.

Greg: Beverage napkins.

Mark: Legos.★









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The New England Film & Video Festival, in association with the Smith College AIDS Education Committee, presents a benefit for the western Massachusetts chapter of DIFFA, the Design Industries Foundation Fighting AIDS

Film (1) Life

September 23 & 24, 1994 Sage Hall, Smith College, Green St., Northampton

Twenty-four award-winning films & videos! A lively mix of animation, documentary, dramatic, and experimental works. Something for everyone! Five great programs of festival gems! From the only festival devoted to New England's independent media artists. One special guest! Ross McElwee, nationally acclaimed filmmaker, and three-time NEFIF award-winner, will be present at the opening program, the local premiere of his latest film, Time Indefinite.

SCHEDULE

Friday, September 23:

The Opening: 7:30pm Special Feature Film: Time Indefinite by Ross McElwee. "A foray into the irony, misery and elation of the quotidian." New York Times Followed by a Backstage Meet the Filmmaker reception.

 $The\ Late\ Show:\ 10:30pm\ \ {\tt Romance\ gone\ awry,\ an\ indifferent\ dog,\ bearing\ the\ burden\ of\ bouncing\ balls\ and\ Jimi\ Hendrix's\ illegitimate\ sont}$

Saturday, September 24: that fits: what it's like to be Black and fema.

Twighlight Show: 4:00pm Finding the shoe that fits: what it's like to be Black and female, an Orthodox Jewish teen, starstruck and Lesbian, or a hometown boy from Everett.

Dusk Show: 6:00pm A celebration of artful imagery featuring romance, imagination, sensuality, memory and time.

Prime Time Show: \$100pm. Eight audience favorites featuring tributes to dancer Ena Washington, Miami Beach's over-seventy handball set, and ex-Marlboro Man Christian Haren, internationally acclaimed animation, and morel followed by a film for Life Party at the Green Street Cafe, with great food, cash bar and the Dave Sporny Quartet!

ADMISSION

Friday, September 23

\$10 Premiere Package (includes both shows & reception)

\$5 Late Show only

Saturday, September 24

\$5 each, Twilight & Dusk Shows (does not include party)

\$10 Primetime Show & Party \$20 All three shows & party! Special Tickets:

\$25 Festival Package admission to all events

\$50 Supporter Package admission to all events, plus: VIP reserved seating; recognition in Festival program

Tickets available at the door one hour before showtime, and in advance at: The Northampton Box Office, Thornes Marketplace. Call (413) 586-8686 or (800) THE-TICK. Seating is limited. For more information call (413) 533-2426

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Bringing the World Beat to your feet, Wildest Dreams perform at the Montague Bookmill as part of the Mill's World Beat Festival. The Boston sextet specializes In calypso, reggae, New Orleans soul, and Afro-pop — a diverse blend of dance music guaranteed to make your body move. After revving up the crowd earlier this year at the

Wednesday September 21
The Figgs, Stanford Prison Experiment, and Alligator Gun play

high-energy rock at the Bay State Cabaret (584-8513) in Northampton, 21+

Lir comes to the Iron Horse (584-0610) in Northampton at 8:30

Art Steele plays the Pub in Amherst at 9 p m Reggae Party at the Hadley Pub on Rte 9 Country Western dancing at the North Star with DJ Sparke

from 8 - 11 p.m. Teen Dance Night at Kalina's (586-4463) in Hadley from 7 p.m. - midnight

Gay Night dancing at Pearl Street from 9 p.m. - 1 a.m.; music provided by DJ Dennis. 21+

Thursday September 22

50th Birthday Celebration for Ed Vadas at the Iron Horse (584-

0610) in Northampton at 7 p.m. Miracle Legion and local faves Miss Reed take charge at the Bay State Cabaret (584-8513) in Northampton, 21+

Bear Kirkpatrick is at the Black Sheep Café (253-3442) in Amherst Art Steele is at the Roadhouse in West Springfield

18+ dancing at Pearl Street from 9 p.m. - 1 a.m. with music provided by DJ Dennis, with "Insomnia," alternative dancing, downstairs Blues and 'Ques, featuring live piano music and barbecue

specials, at Squires' Smoke and Game Club (268-7222) in Williamsburg from 7 p.m. - 10 p m Open Mike Blues Jam at the Hadley Pub on Rte 9

Boyz' Nite Out at the North Star with DJ Steven and male gogo dancers from 10 p.m. - 1 a.m. Selectrocution at Katina's (586-4463) in Hadley

Open Mike Night at the Mole's Eye Café (802-257-0771) in

Friday September 23

Versus, Air Miami (featuring Mark Robinson and Bridget Cross of Unrest), Tuscadero, and Blast Off Country Style¹ play a show to tell the grandkids about at the Bay State Cabaret (584-8513) 21+ Aleiandro Escovedo, formerly of the country-rock band Bank

and File, performs at the Amherst College Campus Center Frontroom with special guest the Ray Mason Band at 8 p.m. Peter Blanchette plays the Arch-Guitar with Peter Michellini at the Montague Bookmill (367-9206) at 8 p.m.

The Machine poses the musical question, "Which one's Pink?" at Pearl Street (584-7771) in Northampton at 8.30 p m Linee T. Perroncel Band gives folks a rockin' good time at the Green River Café (773-3312) in Greenfield at 9 p m

Richie

Havens wows the crowd at the Iron Horse (584-0610) in Northampton with Dayna Kurtz at 7 p.m

Paul Kaplan appears at the Black Sheep Café (253-3442) in Amherst Mark Normad Band is at the Hotel Northampton (584-3100)

from 7:30 p.m. - 11,30 p.m. No cover!

Enc "2 Scoops" Moore is at the Roadhouse in West Springfield

Retro Night at Pearl Street 9 p.m. - 1 a.m. 21+ Laser Disc Dance Party at Katina's (586-4463) in Hadley 18+ Dance Party with DJ Betsey at the North Star 10 p.m. - 1

Saturday September 24

Barbara Kessler plays her acoustic music at the Green River Café (773-3312) in Greenfield with Annie Wenz at 9 p.m. Holmes Brothers sing at the Iron Horse (584-0610) in

Northampton at 7 p.m. Flycatcher, Uncle Joe's Big Ol' Driver, and Swivelneck play a triple-bill at the Bay State Cabaret (584-8513) in

Northampton 21+ Wolfgang perform psychedelic rock at the Iron Horse (5R4-

0610) in Northampton at 10 p m Lafolia, a guitar and flute duo, are at the North Star (586-9409)

in Northampton from 7:30 - 9:30 p.m. Dave Brinnel performs jazz at the Hotel Northampton (584-

3100) from 8 p.m. - midnight. No cover! Bus Driver is at the Roadhouse in West Springfield Top 40 Club Music with DJ Lance at Pearl Street 9 p.m. - 1

21+ Dance Party with DJ Steven at the North Star 10 p.m. - 1

Selectrocution at Katina's (586-4463) in Hadley Island Dance Party with DJ Dan at the Hadley Pub on Rte 9

Sunday September 25Cheap Trick wants you to want them at Pearl Street (584-7771) in Northampton at 8 p.m.

Fred Small, "one of America's most inspirational songwriters," appears at the Green River Caté (773-3312) in Greenfield at

Song and Story Swap at the Montague Bookmill (367-9206) at 4 30 p.m. Free!

Don McLean and the Richie Havens Band take the stage at

Tanglewood (information 637-4718) at 8 p m Tarika perform the roots music of Madagascar at the Iron

Horse (584-0610) in Northampton at 7 p.m. Book and Plow Festival at the Black Sheep Café (253-3442) in Amherst Free!

Retro Dance Nite at the North Star with DJ Betsey and female go-go dancers 9:45 p.m. - 1 a.m.

Honday September 26Gay Night at Katina's (586-4463) in Hadley
Blue Monday at the Bay State Cabaret with Ed Vadas & the Fabulous Heavyweights No cover! 21+

Tuesday September 27

Leftover Salmon bring their "poly-ethnic Cajun slamgrass" to Pearl Street (584-7810) in Northampton with Yep! at 8 p.m.

Rhythm and Blues Dance Party at the Iron Horse (584-0610) in Northampton from 8 p.m. - 11 p.m.

"Teen Night" Under 21 dancing at Pearl Street (584-7771) in Northampton Open Mike Night at the Northampton Brewery with host Amy

Open Mike Night at the Green River Café (773-3312) iri

Greenfield at 8 p.m.

Open Mike Night at the Hadley Pub on Rte 9.

Wednesday September 28

Eugene Friesen, Howard Levy, and Glen Valez perform their exotic music at the Iron Horse (584-0610) in Northampton at

Engine Kid, Silkworm, and Wiseacre are at the Bay State Cabaret (584-8513) in Northampton, 21+

Reggae Party at the Hadley Pub on Rte 9. Gay Night dancing at Pearl Street from 9 p.m. - 1 a.m., music provided by DJ Dennis, 21+

Open Music Night at the Black Sheep Café (253-3442) in Amherst at 7 p.m.

Teen Dance Night at Katina's (586-4463) in Hadley from 7 p.m. - midnight

Swing dancing at the North Star with DJ from 8 - 11 p.m.

Thursday September 29

Michael Gregory brings his nine-piece funk orchestra to the Iron Horse (584-0610) in Northampton at 7 p.m.

Soup plays "mountain funk" at the Iron Horse (584-0610) in Northampton at 10 p.m. Roger Manning and The Barnies appear at the Bay

State Cabaret (584-8513) in Northampton. 21+. Barney Griffin, a singer/songwriter from New York, performs at the Black Sheep Café (253-3442) in Amherst

18+ dancing at Pearl Street from 9 p.m. - 1 a.m. with music provided by DJ Dennis, with "Insomnia," afternative dancing, downstairs

Blues and 'Ques, featuring live piano music and barbecue specials, at Squires' Smoke and Game Club (268-7222) in Williamsburg from 7 p.m. -10 p.m. Open Mike Blues Jam at the Hadley Pub on Rte 9. Boyz' Nite Out at the North Star with DJ Steven and male go-go dancers from 10 p m. - 1 a.m. Selectrocution at Katina's (586-4463) in Hadley

Open Mike Night at the Mole's Eye Café (802-257-0771) in Brattleboro

Friday September 30
Wildest Dreams, back by popular demand, play their

danceable African downbeat calypso and roots reggae at the Montag Bookmill (367-9206) as part of their Bookmill World Beat Festival at 8 30 p.m. Chucklehead performs at Pearl Street (584-7771) in Northampton at 8 p.m.

Loose Caboose does reggae at the Iron Horse (584-0610) in Northampton with Uproot at 7 p.m. New Radiant Storm King and The Goops are at the Bay

State Cabaret (584-8513) in Northampton, 21-Cordelia's Dad take over the Black Sheep Café (253-3442) n Amherst Art Steele plays the Hotel Northampton at 7 p m

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Mark Nomad brings his solo Delta blues to the Green River Café (773-3312) in Greenfield at 9 p m Hot Hammer Soup is at the Roadhouse in West

Springfield Retro Night at Pearl Street 9 p.m. - 1 a.m. 21+ Laser Disc Dance Party at Katina's (586-4463) in Hadley 18+ Dance Party with DJ Betsey at the North Star 10 p m

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Saturday October 1

Rumbafrica continue the Bookmill World Beat Festival with their guitar-driven groove at the Montague Bookmill (367-9206) at 8:30 p.m.

Cormac McCarthy, folk heavyweight, returns to the Green River Café (773-3312) in Greenfield at 9 p.m.

Sue Burkhart plays jazz guitar at the North Star (586-9409) in Northampton from 7:30 p.m. - 9:30 p.m.

Peg Loughran sings folk songs at the Black Sheep Café (253-3442) in Amherst

Radio Kings play the Roadhouse in West Springfield. Island Dance Party with DJ Dan at the Hadley Pub on Rte. 9. Selectrocution at Katina's (586-4463) in Hadley.

Top 40 dancing with DJ Lance at Pearl Street (584-7771) in 21+ Dance Party with DJ Steven at the North Star. 10 p.m. -

Sunday October 2
Retro Dance Nite at the North Star with DJ Betsey and

female go-go dancers. 9:45 p.m. - 1 a.m. Monday October 3

The Specials bring ska-mania to Pearl Street (584-7771) in Northampton with Let's Go Bowling and SMA at 8 p.m. The Rude Girls, a trio that plays jazzy and country-tinged acoustic folk, is at the Iron Horse (584-0610) in Northampton at 7 p.m.

Entrain play Calypso-ish music at the Iron Horse (584-0610) in Northampton at 10 p.m.

Gay Night at Katina's (586-4463) in Hadley Blue Monday at the Bay State Cabaret with Ed Vadas & the Fabulous Heavyweights. No covert 21+.

Tuesday October 4
Terrance Similen and the Mallet Playboys play smiling zydeco at the Iron Horse (584-0610) in Northampton at 7 p.m. Overkill plays an all-ages show at Pearl Street (584-7771) in Northampton with Pro-Pain and Doom Nation at 7:30 p.m.



larbara Kessler has been called a rising star, a aunting balladeer, and Best New Artist of the ear; her delicate guitar and vocal style have mpressed and charmed audiences all over the iortheast, Catch Kessler on her way to widespread ecognition as one of the finest folk singers in the ountry. She performs at the Green River Café in ireenfield on Saturday, September 24 with Vesthampton native Annie Wenz at 9 p.m.

"Teen Night" Under 21 dancing at Pearl Street (584-7771) in

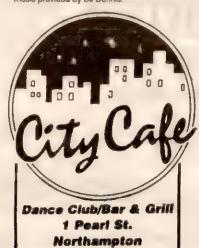
Open Mike Night at the Northampton Brewery with host David Boatwright

Open Mike Night at the Hadley Pub on Rte 9

Wednesday October 5
Art Steele appears at the Pub in Amherst at 9 p.m Reggae Party at the Hadley Pub on Rte 9 Country Western dancing at the North Star with DJ Sparke from 8 -- 11 p.m.

Teen Dance Night at Katina's (586-4463) in Hadley from 7 p.m. - midnight.

Gay Night dancing at Pearl Street from 9 p.m. - 1 a.m., music provided by DJ Dennis.





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The Center Series



Wednesday, October 5 Mallika Sarabhai Darpana Dance Co. Bowker Auditorium, 8 p.m.



Thursday, October 6 Terrence Wilson, Piano Prokofie, Stravinsky, Rachmaninoff Bowker Auditorium 8p.m.



Friday, October 21 Shapiro & Smith Dance Company Bowker Auditorium, 8 p.m.

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Wax On, Wax Off

The Next Karate Kid is chop-sick by Jeff Allard .

hough the sequels were not quite as eagerly demanded as the next Star Wars or even the next Friday the 13th, Columbia Pictures gamely tries to revive its popular (?) Karate Kid series by giving the formula a feminine (if not exactly feminist) spin. As most folks will gather from the ads, the original Kid, Ralph Macchio (who must be pushing thirty by now) is out of the picture, leaving lovable sage Miyagi (Noriyuki "Pat" Morita) to find another pubescent underdog to mold into a teen tornado. This time it's Julie (Hillary Swank) the rebellious, alienated granddaughter of an old friend of Miyagi's. Unable to get past the girl's rage over the recent death of her parents, the heartsick grandmother steps aside (so aside she disappears for the rest of the picture!) to let Miyagi try his approach. Although Julie is resentful and sulky at first, Miyagi's irresistible dime-store wisdom ("Ambition without knowledge is like a boat on dry land,") slowly begins to puncture her psychic armor. Their first real bonding session doesn't come, though, until while running away from Miyagi in a royal huff, Julie dodges an oncoming delivery car by leaping into the tiger attack pose (!). Afterwards, it's revealed that Julie's late father had taught her the basics of karate, just as his father had taught him after originally learning the art from Miyagi.

Although Miyagi frowns on Julie's earnest bids to learn how to break boards

("What boards ever do to you?"), this wouldn't be a Karate Kid movie unless there was a freeroaming bully waiting to be taught a lesson. This time it's the ever-dependable Michael Ironside (Total Recall) as the psychotic commander of a group of keyedup high school thugs calling themselves the Alpha Team.

The Alpha Team is in charge of dispensing hard justice on the grounds of the Boston high school which Julie attends (As Ironside instructs: "If you catch a punk with a spray can, spray his eyes so he sees red!"). Even if they didn't all wear matching jackets, you could tell these brick-heads by their matching sneers. Naturally, the meanest of the bunch has his beady eyes set on Julie.

Along the way, Julie snags a more legitimate love interest in the form of Eric



Mr. Miyagi (Noriyuki "Pat" Morita) and Julie Pierce (Hillary Swank) monitor the recovery of a wounded hawk in The Next Karate Kid.

(Chris Conrad), an Alpha member who quickly falls out of goose step with his comrades. He gets into good graces with Julie by not revealing the fact she's been nursing a wounded hawk on the roof of the school. For what seems like an eternity she follows the grinning oaf around until he promises to keep the bird a secret.

Around this time, the kids in the audience

will be wishing they stayed home to rent Three Ninjas Kick Back. Free popcorn to

anyone who can spot the big concept failure with The Next Karate Kid. Think Sheena, think Supergirl: Little boys who go to PG action films don't give a hoot about girls that kick butt, and girls don't care about action films, period. Although the film's ad line: "Who says the good guy always has to be a guy?" is a point well-taken, it won't make boys care any more about how pretty Julie looks in her prom dress and it won't make girls care about how well Julie can deliver a roundhouse kick.

In the end, of course, there's the

inevitable Final Conflict. The butts that need to be kicked get truly kicked. Strangely though, there's a spirit of diehard pacifism here that, while praiseworthy, negates any cathartic enjoyment. As is the wiser path, Miyagi refuses to allow himself or Julie to take any pleasure out of physically trouncing an opponent. The movie gets more excited about the moment when Miyagi takes the monks out on the town for a night of Zen bowling. It's a cute moment (as they show up the regular leaguers), but if the makers of The Next Karate Kid really wanted to take the non-violent route, they shouldn't have gotten the audience or its protagonist ready for a fight. Just call this The ABC Afterschool Kung Fu Special. *







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NOV. 20 SAN DIEGO DEC. 4 NY JETS

DEC. 11 INDIANAPOLIS

Film For Life

New England Film and Video Festival Comes to Town

By Joni Fraser

former model for the "Mariboro Man" shares his experience of living with AIDS; a woman enters the body of a misogynist to see what it's like; a film crew searches a town in Morocco for traces of Jimi Hendrix; a group of over-70 handball players in Miami confront old age with laughter and resilience. These are subjects of films far from the conventional offerings at the megaplex or even the shelves of your nearby video store. Usually you have to look hard to catch such varied works, but on this Friday and Saturday Valley filmgoers will have a wonderful opportunity to view a variety of unique and vibrant films created by area filmmakers, when the New England Film and Video Festival visits Northampton.

On September 23 and 24, the NEFVF, in association with the western Massachusetts chapter of Design Industries Foundation Fighting AIDS (DIFFA), will present five programs featuring 24 of the most outstanding works from the festival's past few years. With a breadth of subject matter and approaches, there's literally something for everyone. Opening the event on Friday, September 23rd, and sounding the themes of many of the films to follow, is acclaimed filmmaker Ross McElwee's Time Indefinite. The film is, like McElwee's previous film Sherman's March, a very personal documentary of McElwee's journey

through life. It begins with him at a family reunion announcing (and filming) his an experimental video by Amherst artist

engagement, and ends with the birth of his son, but along the way unexpected personal events and family tragedies ensue. All the while McElwee is trying to both film life and live life at the same time, often poignant, often humorous results. (At one point a family member in the middle of chores exasperates, "You'd be a big help if you put down the camera.") McElwee will be present at the screening and the reception that will follow the

film, so you can ask him such questions as "What was it like to film your fiancee during her gynecological exam?" A Friday late show following the reception will over

an experimental video by Amherst artist
Wendy Woodson.
A very subjective

A very subjective sampling from two afternoon programs on Saturday includes Maidels: Shayna Orthodox Jewish Teenage Girls, a documentary about an unusual generation gap between teenage girls in L.A. adopting the strict laws of Orthodox Judaism and their less observant parents, who wonder what kind of place they have in their daughters' lives; Dangerous When Wet, former Northampton resident Diane Bonder, a wild and whimsical account of a young woman's first orgasm; and Papa Qu(h)erido, a thesis project of

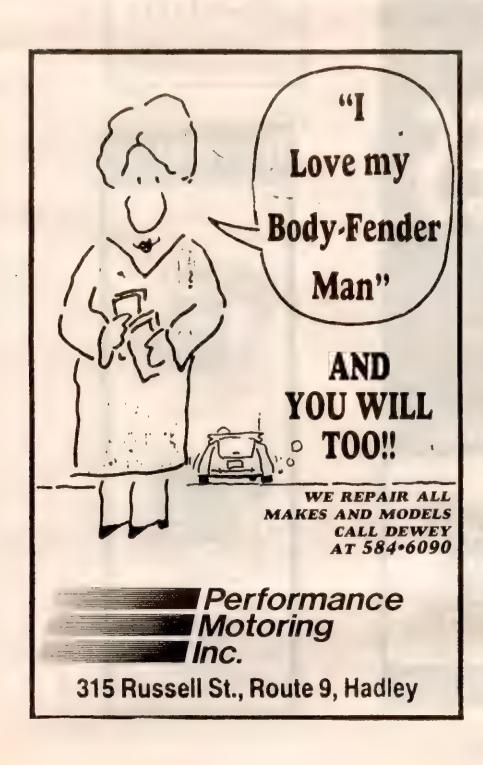
Maria Rivarola of Hampshire College, which takes the form of a video letter to Rivarola's deceased father, who brought the family from Argentina to the U.S., but remained silent about the country's and the family's past.

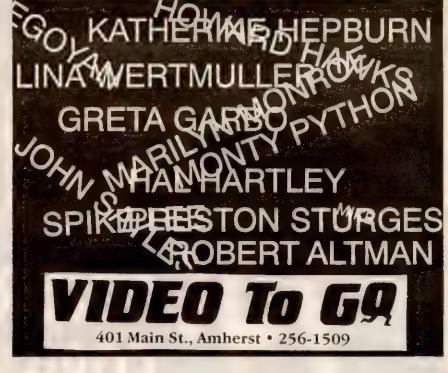
The Saturday night program showcases 8 all-time festival favorites, including Castro Cowboy, a profile of Christian Haren, one of the original "Marlboro Men," who has lived with AIDS for seven years and has become a popular and innovative AIDS educator. "I don't know what keeps me alive," Haren admits at one point. "I suspect it's kids." What fuels Fast Eddie and the Boys is lots of both handball and conversation. The film, a graceful portrait of septuagenarian handball players in Miami Beach, is the work of Florentine Film co-founders Roger Sherman and Buddy Squires, and features the photography of Hampshire professor Jerome Liebling. Dance on the Wind: Portrait of a Mississippi Shaman, is an amazingly fine video on the life and work of Eno Washington, an African-American dancer and scholar whose study of African dance led to his discovery of the connections between African and African-American popular dance - "they're all offshoots from the same tree."

All Film for Life screenings are a benefit for DIFFA, which provides funds to community-based nonprofit HIV-AIDS programs, and all screenings will take place at Sage Hall on the Smith College campus in Northampton; for more ticket information, call (413) 586-8686. ★



Ross McElwee and Marilyn Levine from Time Indefinite, one of the titles featured at the Film For Life festival at Smith College in Northampton.









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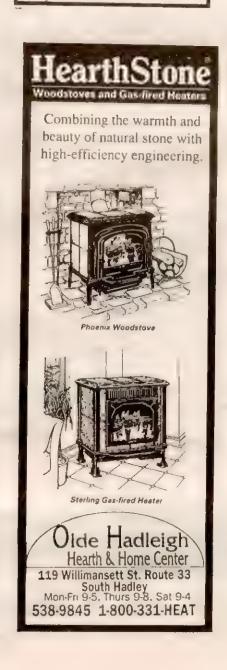
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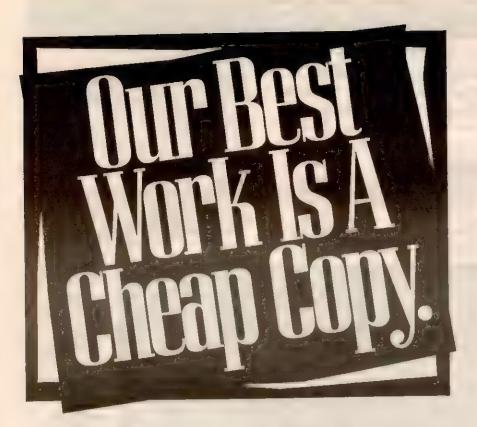
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Thursday, Sept. 22, factory reps. from Onkyo, Adcom, & Boston Acoustics will be at Sound & Music for seven hours of blockbuster home theater demonstrations and informative "how-to" conversation.

Come anytime after 3 pm and enjoy the demos, the refreshments, and the personal attention to all your questions. Then stick around: at 7:30 Don Truit of Onkyo, Greg Stidsen of Adcom, and Brian Fournier of Boston Acoustics will present their latest products and informative views on the home theater scene.

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Home Theater demonstrations Thursday September 22 from 3p.m. to 9p.m.

VALLEY OPTIMIST MAGAZINE ■ SEPTEMBER 21, 1994 ■ 33

COMMUNITY CALENDAR

COMMUNITY MEETINGS/CONFERENCES

The Northampton Chamber of Commerce (584-1900) will host a public forum on September 28 at 7:30 p.m. The Graduated Income Tax will be discussed

The Marian Center will be holding a Pilgrimage to "Holy Grounds" on October 13. Call 533-7171 to pre-register (by

The Paradise City Film Cooperative meets bi-monthly

in Northampton assisting artists and filmmakers in all phases of film production. Call Tony Bellotti at 256-4908

The Ploneer Valley Book Group is open to new members Meetings are held monthly at members' homes. Call Gladys Rege at 253-7998.

Parente Anonymous has started a group in Northampton for those who want to improve their relationships with their children, Thursdays from 6 – 7:30 p.m. Call (800) 882-

The Men's Group Project (259-1740) will meet every Sunday night from 7 – 9 p.m. Free and confidential talks on love, work, family, friends, and you

A Course in Miracles study group meets Tuesdays, 7:30 – 8:45 a.m. Call David P. Carney, MSW, at 253-2902 Surviving Grief, ten-week programs held in Amherst, offer support through education and sharing. Call Joan Gibson

at 253-3133 Contact Western Mass. Intergroup Office (532-2111) for Alcoholics Anonymous information, meeting times, or

Pathways to God, a study group on the teachings and writings of Indian Holy Man Sathya Sai Baba. Free of charge. Every Thursday. 6 – 7:15 p.m. Call 253-2902

Professor Ted Johnson-South will present a lecture entitled, "The Tewer of London"

The Partners for Public Health will hold its first day-long conference September 23

on Traditional Arts in Native

on September 22 at the Springfield Museum of Fine Arts (733-4214)

LECTURES

Deadline for calendar submissions is the Tuesday before publication. Please direct all material to Calendar Editor, Optimist Publications, 13 Old South St., Northampton, MA 01060.

Deerfield locations Call 665-7130

DBS Consulting Service has released its schedule of computer courses for September. Call 772-2526 Adult Indonesian Kung Fu classes at the East Street Studios in Hadley (585-1661) are offered Mondays from 6 – 7.30 p.m. Enrollment is ongoing

English as a Second Language is a free ongoing course offered by the International Language Institute (17569) to residents of Franklin and Hampshire Counties.

The Division of Continuing Education at the University of Massachusetts (545-0474) at Amherst offers credit-free workshops in art and photography, business, career development, dance, ESL, languages,

health, computers, music, and The Barn Studio (253-3008) in Amherst offers a vanety of movement, dance, and drumming classes for children and adults. Usually three classes

are offered every day

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HEALTH/BODY

The Hampshire County Aids Task Force and Western Massachusetts Women and AIDS Network present an educational forum on HIV/AID\$ on September 21 from 7 – 9 p.m. Call 586-8871.

Holyoke Hospital will present a program for Seniors, "Understanding Yeur Heart Medications" on September 22 at 2 p.m. Call Nancy Colly at 534-2599 Amherst Leisure Services and Supplemental Education offers at Cathedral High School, Springfield, September 24. For information call 732-3175.

Moveable Feast Theatre presents Michael Frayn's Benefactors, a comedy-drama about urban renewal, from September 22 – 25. Call 323-7181 for details.

Museum of Fine Arts in Boston hosts Music of Mozart on September 25 as part of their Chamber Music Series. Call (617) 267-9300 x300 for information.

Boston Renalissance Ensemble will perform a concert of Elizabethan and Jacobean chamber music on September 25 at 8 p.m. at Sage Recital Hall on the Smith campus. For information call 522-3387.

Livingston Taylor will perform at the North Shore Music Theatre on September 26. Call (508) 922-8500 ext, 223 for

The World Symphony Series begins September 26 with the Kirov Orchestra at The Bushnell Theatre in Hartford. For

the Kirov Orchestra at The Business Transfer information call (203) 246-6807

The Don Bastarache Big Band and The Horthampton High School Band will perform at Pulaski Park as part of Northampton Center For the Arts'

"Arts In the Park,"

September 29 from 5 – 7 p.m. Call 584-7327 for

The Westfield Center presents three nights of

Heyboard Festival with a variety of performers from September 29 -October 1. Call 527-7664 for

Planini Fixth sent a concert of on September 30 at 8 p.m. in Buckley Recital Hall. Amherst College, Call 542-2195 for informa-

The Northampton Arts center will present

Forgotten Tener, a new film documenting the life of Wardell Gray, by local filmmaker Abrahan Ravett on Wardell Gray, by local filmmaker Abrahan Havett on October 1 at Wright Hall on the Smith College campus. Showtime is 7:30 p.m. For information call 586-6950.

Billy Shontz will perform at the Academy of Music on October 2 at 2 p.m. in an event aimed at children and adults together. Call 582-2909

The Community Music School of Springfield presents Billy Taylor in A Jezz Plans Odyssey on October 6 at 8 p.m. at the Griswold Theatre, Springfield. Call 732-8428 for details.

WECR 88.5 FM broadcasts Los Angeles Char Orchestra Concert Programs, recorded during the ensemble's 25th anniversary season, Mondays at 9 p.m. series ends October 24.

The Arcadia Players, a Baroque Orchestra and Chember Ensemble, will perform **Tafelmusik**, by Gearg Philipp Telemann at various locations in the Valley. Call 584-8882 for schedule information.

The Pioneer Valley Symphony will open its season on October 15. Call (413) 256-6950 for information. The Department of Music and Dance at the University of Massachusetts is offering performances ranging from jazz to classical this season. For information, call 545-2511.

ART EVENTS/EXHIBITS

Through Women's Eyes, a public colloquium focusing on a century of women at the Porter-Phelps-Huntington House, will take place at the Porter-Phelps-Huntington Museum on September 24 at 2 p.m. Information is available at 584

The UMass Arts Council presents "An Evening of Autumnal ART-VENTIVes" on September 22 Please

France '94 : Works by Students of European Summer Art Workshop will be on exhibit at the Herter Gallery, University of Massachusetts, September 22 – October 2 For details call 545-0976.

he opening exhibition at the Hampshire College Main Gallery this season is **Two Visions** with Jeanette Cole and Sherinata Feduriwa. The exhibit will run through September 25; information is available at 582-5544

Amherst's Bangs Community Center presents an evening of announcements about applications and dead-lines for 1995 grants, projects, and gallery exhibitions on

September 27, 7 – 9:30 p.m. A show of landscapes in oil by **Kathleen Neilson Dum** will be on exhibit at the Berkshire Artisans Gailery in Pittsfield through September 28. Information is available at (413) 499-9348

The Canal Gallery will hold their rinth annual group show through September 29. For information call the gallery in Holyoke at 532-4141

The Hampshire Film/Photography Gal through the 30th, is Thirty-Eight Stones from the Hill of the Witch by Jean McMa

On September 30, Historic Deerfield will present author and lecturer Mrs. Betty Ring of Husti speaker at a day-long forum on Early American Needlework. Call 774-5581 for information

View Findings, an exhibit of paintings by Lisa Krauss Rock and Kaitlin Thurtow at the Artspace Gallery in Franklin will run through October 1. Call 772-6811 for information

Windham Art Gallery presents its Fifth Annua

Photography Show, featuring the works of seven artists, until October 2, Call (802) 257-1881

Touch, Time, Lifting: Recent works by Judith Ellen Sanders will run through October 2 of Medical Center in Springfield Call 784-0000

Feeling with Your Eyes, an exhibit of Abstract Expressionist style by Pioneer Valley artists, will be on dis-play through October 5 at the Springfield Museum of Fine Arts Sales and Rental Gallery Call (413) 739-3871 for more

information Vibrations, a collection by Dorothy Osterman, will exhibit at Northfield Mount Hermon School's Nada/Mason Gallary from September 11 - October 6. Call 498-5077 for informa-

Bearing Witness, a series of charcoal drawings by Michael David, will be on display at UMass's Hampden Gallery from September 27 – October 14, and Accessories by Nancy Good Pastor will be at UMass's Wheeler Gallery through October 13. Please call 545-0680 for information

At the Arno Mans Gallery in Westfield, Partiel Recalit Photographs of Native North Americans will be o exhibit until October 14. Please call 568-3311 for informa-

Wright Morris: Origin of a Species, a photography exhibit highlighting small-town life in America during the 1930s – 50s, is on view at the Museum of Fine Arts, Boston, through October 16. Call (617) 267-9300 for more informa-

nik Diez Escalet will exhibit acrylic paintings in Stories

Bearing

Another reaction to the tragedy of the AIDS epidemic takes shape in Bearing Witness, an exhibit of charcoal drawings by Boston artist Michael David at the Hampden Gallery on the University of Massachusetts campus. The drawings reflect the artist's personal experience with a friend's death from AIDS. David's works, including Pieta (shown here) are large-scale drawings which David says are not meant to be political statements, but rather "a personal, emotional response." The show runs from September 27 - October 14. For information call 545-0680.

— Hanna Howe

from 9:30 a.m. - 3:30 p.m. Call 253-4283 Richard Conn, Chief Curator Emeritus of the Denver Art Museum, presents a discussion American Society at the Worcester Art Museum on September 25 at 2 p.m Historic Northampton continues its Tuesday Lunch Talk series on September 27 with The Evergreens: The Other Dickinson House, presented by Gregon Farmer of the Martha Dickinson Trust Call **Drawing Upon Nature**, a workshop with Peter London, will be held in Hatfield September 30 – October 2, Cell 665-4880

ring lecture with Ian Maxwell entitled "Finding the inspiration in the Teaching" will be held October 4 at 7 30 p.m. Call 584-5790 A lecture series offered by the Connecticut

River Valley Spritual Emergence Network and Many Hands megazine will explore spiritual aspects of psychological healing meeting the first Monday of the months October – June Call Joann Lutz at 586-6384

Leam How to Write a Children's Book beginning

October 4 with author Sarah Kilborne in a six-wee "From Conception to Submission." Call 584-9250

Historic Deerkeld will offer a free workshop for teachers of Grades 4, 5, and 6 on October 5 from 1 – 4 p.m.
Call Anne Lanning at 774-5581

The Northampton Chamber of Commerce and Shawmut Bank presents an economic briefing The Economic Outlook—Globalty, Nationally and Locally on October 5.
Call 731-2059

Call 731-2059 The Calico Bookshop is pleased to announce an ongoing jecture series on traditional American art forms. Call the bookshop in South Hadley for information on upcoming speakers and events at 536-3245.

CLASSES/WORKSHOPS

The University of Massachusetts' The University Without Walls will hold information Sessions September 21 and 27, and October 5. Call 732-5262

Historic Northampton offers workshops in contemporary and historic beading techniques beginning September 24 and 27. Call 584-6011 september 24 and 27. Healthy Heart Yoga Classes will start September 22 in

Amherst and September 26 in Northampton Call Joann Lutz at 586-6384 A Contact Improvisation Movement Workshop will

start September 29 in South Amherst. Call Bob Abrams (549-1327)

The Springfield Museum of Fine Arts presents a one da seminar Oriental Rugs: A Connolsseur's Guide pre-sented by Julia Bailey on October 15 from 9 30 a.m. - 4 30 Call 733-4214 to registe

Art Workshops at the Canal Gallery will be held this Find time to write: Join a Monday morning or Tuesday

evening workshop in Northampton with writer/franslato Ellen Watson, Cali 369,4414 Writing Workshops for Women will be affered from

man beginning the third week in September twelve-week Creative Writing Workshop led by

field Community Coilege will offer workshops this Fall in Community Service and Computers A Degree
Program is also offered in Computer Information Systems

Computer Workshops will be offered this Fall from the

Center for Business and Technology (781-1317)
September and October art and design classes will be held at the Guild Studio School (584-3299) in Mudple Potters, located in Leverett Crafts and Arts build-

ing, has space open in potters' co-op and in classes for both children and adults. Call Donna Gates at 367-0332 The Hitchcock Center for the Environment (256-6006) will be conducting classes for all ages beginning in September featuring bird watching, conservation, and

other environmental issues **Quidance For Writers** offers support and commentary on

a one-to-one basis Call Susan at 625-0222
Science classes for kids and adults will be offered this fall from the Springfield Science Museum. Call (413) Art classes for kids and adults will be offered this fall

from the George Walter Vincent Smith Art Museum in Springfield, Call (413) 733-4214 illey Women's Martial Arts, Inc. (527-0101) offers

ongoing beginner classes for new students starting the first

full week of every month.

Rebeksh Boyd, published writer and MFA candidate, will teach a **Creative Writing workshop** using the Amherst Writers and Artists method, Wednesday evenings from 7:30 – 10:30 p.m. in Northampton, Cell 586-9747

Longmosdow Writers & Artists offers only, and weekend creative writing groups for adults and children. Call Barbara Cramer at 567-8457 dren. Call Barbara units a susrunos at Greenfield and Jazzerolee is offered in the evenings at Greenfield and

Lifelong Learning, Division of Continuing Education. Call 545-0474

Fall Classes at the Synthesis Center are offered on such

subjects as Stress Management. Call 256-0772

Small Business Community Roundtable meets at Vision Works in Greenfield. Open to all owners or prospective owners of small businesses in the area. Call 772-6569 Afro-Cuban Jazz with Wayne Kelly is held every Monday

from 6.30 - 7.30 p.m. at The Barn Studio in Amhersi Advanced Peetry Workshop (Ed Rayher 256-8531), a peer-critique workshop for accomplished and published bets, is held alternate Thursdays at 7 p.m. in Northampton

Music leasons are available at the Northampton Community Music Center (585-0001). Private lessons are offered on a variety of instruments for adults and children Anna Kirwan-Vogel will lead two ten-week workshops, cre-ative writing for teenagers and creative writing for kide, using the Amherst Writers and Artists method. Call 584 5264

Free Basic Skills ESL classes for immigrants and free English classes are offered at the Jones Library in Amherst. Call the library (256-4090) for schedules

Children's Modern Dance with Suzanne Spencer from 330 – 4:15 p.m. and from 4:30 – 5:30 p.m. every Thursda at The Barn Studio in Amherst. Other classes are also Call 256-6733

The One Cottage Street School of Fine Woodworking (Michael Coffey/527-8480) will offer sever at classes and seminars this fall

Life Management Services of West Springfield (748-6507) offers free two-hour seminars for special-needs to

Jazzercise Classes in Deerfield, Greenfield, and nd for all levels of fitness Call 665-Song and Dance Classes in the African and American traditions at various times for all levers of experience at the control of the control of

Northampton Center for the Arts Call 584-8748 Come explore your inner self, Journey Meditations nov offen d at Epigee every Tuesday from 6 – 7 p.m. and Thursows from 9 – 10 a.m. No Jee je.

Yoga classes with Ruth Anne Lundeberg (586-3259) will

from 145 3 15 p.m. Free classes will be held September

OUTDOORS

e Massachusetts Audubon Society presents a lecture "Murder on the Wild Side" on September 27, from 30 - 9 p.m. Call Arcadia at 584-3009 to pre-register

The Amherst Astronomy Association conducts free public planetarium shows at 3 p.m. every Sunday in eptember at the Amherst College Basset Planetarium Call Tom at 256 6234

Pick your own apples this fall at Atkins Farms Country Store (253-9528 or 253-6038) Massechusetts Audubon Society's Arcadia Nature Center

(584-3009) will conduct a children's nature appreciation day entitled **Find a Rainhow.** Pre-registration is A program on the Black Bear in Massachusetts will be held at the Northfield Mountain Recreation and

Environmental Center (659-3715) on September 29

Stanley Park of Westfield (568-9312) will feature a gar dening workshop hosted by Park Director Mark Lavoie and award-winning Horticulturist Pernell Gerver on October 1

The Hitchcock Center for the Environment offers various workshops on nature and the environment this Fall. Call 256-6006 Historic Deerfield offers carnage rides, daily walking tours, and the beautiful Blake Channel Meadow Walk. For

information, call 774-5581 Northfield Mountain Recreation and Environmental Center (659-3714) offers tours, boat ndes, and special programs, and features historic exhibits,

hiking trails, camping, and cance rentals lorthampton Juggling Club (586-1679) meets every Sunday 1 – 3 p.m. (weather permitting) at Pulaski Park,

extended adult swim hours and swim lessons for all ages. The pool will open Friday, September 23. Call 256-4065

A support groups for **Parents and individuals with eating disorders** will be offered by Greater Springfield Counseling beginning on September 29 for eight weeks. Call 567-9993 Western Massachusetts Directors of Nursing in

Long Term Care Setting will meet at Charles River Hospital West on September 30. Call 594-2211, EXT. 215 Holyoke Hospital (534-2599) will present "Enhancing Your

Health Through Yoga" on October 1 at 10 a m

Two Support Groups for HIV-Positive People are
ongoing in the area. Call Kevin McVeigh at 586-2016

Mercy Hospital's (748-9080) LIFE (Living is Feeling Exceptional) Cancer Support Group meets the second and forth Tuesdays of the month from 6:30 – 8:30 p.m.

Ongoing Parkinson's Disease Support group has four different groups and vanous meeting times and locations. Call Ruthie at 584-2192

tions. Gall Hutrile at 584-2192

Cancer Support Group meets the second and fourth
Wednesday of every month from 3:30 – 5 p.m. at Holyoke
Hospital. Call Debbe LeGrand (534-2526)

Chronic Fatigue Immune Dysfunction Support
Group meets the first Tuesday of each month from 6:30 –
8:30 p.m. at Holyoke Hospital. Call Carole Pother at 533-

The Stroke Club, for survivors of strokes and their familians lies, meets Thursdays and Fridays at 10 a.m. at Holyoke Hospital Call Esmat Ezzat at 534-2508

Ongoing Parent Education Classes Prepared Childbirth, Breast-feeding, Pre- and Post-Natal Exercise, Siblings, and Mother to Mother, are being held at the Birthing Center at Holyoke Hospital. To pre-register call

Blood Bank Donors Sought at Mercy Hospital Donors must be 18 and weigh at least 110 pounds. For more information or to make appointment call 748-9511

Ongoing Parkinson's Disease Support Group has four different groups and various mee Mother to Mother Sharing, covering topics from breast

ter at Holyoke Hospital every Monday from 1 - 3 p m Family and friends of cancer patients meet at 7 p.m.

and bottle leeding to newborn care, meets in the Birthing

he second and fourth Wednesday of every month at the irch of the Apostles in Befchertown, Call Joan Gibson at

PERFORMANCES

Marga Gomez stars in **Cheva** on the UMass campus at the Bowker Theater through September 24. Call 545-2511 for

Tickets are now on sale for the Springfield Symphony Orchestra's **Season of Surprises**. Call (413) 733-2291 for ticket and schedule information

Les Micerables will show on the Bushnell stage from
September 20 – 25. For information call (203) 527-3123

A Navaratri Festival of South India's music will be celebrated with three concerts at Buckley Recital Hall.

Amherst College, on September 21, 23 and 24. Call 542-2195 for information oveable Feast Theatre presents Michael Frayn's Benefactors at the Church of the Apostles on September

25 Cell 323-7181 for information Jake's Jeans, a tapestry of theater, dance, music, mime. storytelling, and sign language, will play at the Northampton Center for the Arts September 22 – 30. Call 586-7282 for information.

Everett Dance Theatre will present Pandora Restaurant at Jacob's Pillow on September 23 and 24. Please call (413) 243-0745 for tickets and information Berkshire Dixie Blasters will be at the North Adams' Windsor Lake on September 24 from noon – 3 p.m. Call

664-4511 ext 526 for information Whetstone Theater Company of Brattleboro, Vermont presents Rumors by Neil Stenon September 23 – October 15. Call (802) 257-2600 for information.

An evening of brief muscle by the Furiman will take place

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COMMUNITY CALENDAR

and Dreams at the Augusta Savage Gallery at University of Massachusetts, Amherst, September 19 - October 14. Call

**Sacribs Annual State Park Visitor Center. Call

The exhibit Beaded Beauties, beaded garments and accessories from the 19th and 20th centuries, runs through October 30 at Historic Northampton, Call 584-6011.

Epigee of Northampton is currently hosting two artists' nature exhibits: Lyndsay Tetlow, photographer, and Robin Slavin, colored pencil artist. For more information call 584-

The compelling stories of 75 African-American women are told in I Dream a World: Pertraits of Black Wome who Changed America, on exhibit at the Springfield Museum of Fine Arts from September 25 – November 6. Marva Collins will give a presentation in conjuction with the exhibit's opening. Details available at (413) 739-3871.

Early Twentieth -century Russian Set and Costume Design will be on exhibit from September 30 – November 13 at the Mead Art Museum on Amherst College's campus. Call 542-2335 for information. Also at the Mead Art Museum; Modern Impulse — Russie, France and America 1890 - 1950 showing through December 23, Dutch and Flemish Paintings from the Permanent Collection through November 13, and Early American Popular Prints through November 13.

Tracing the Past: Nineteenth-Century Portraits from the Collection of the Pennsylvania Academy of the Fine Arts opens at the Sterling and Francine Clark Art Institute on October 1 and runs through November 27 For information call 458-9545

Mount Holyoke College and Smith College are collaborating on a two-part exhibition featuring books by husband-and-write artists **Bertrans Dorny and Anne Walker** at the Mount Holyoke Art Museum and Smith's Neilson Library through November 20

The Greatest Delight Art of India from the William College Museum of Art, will run through November 27 in Williamstown Cal 597-2429 for information Centennial Retrospective, an exhibit of North Adams

State College memorabilia and photographs will be on display at Heritage State Park through November 30. Call (413) 664-4511

for informatio Basquist: The Blue Hinken Paintings

on exhibit through December 22 a the Mount Holyoke College Art Museum Information is available at 538-2245

Worcester Art Museum pre-

Heritage of Contrasts in Native American Ar January 8. For (508) 799-4406

At the Sterling ar Francine Clark institute are the Golden Harvesti Paintings by

Pynacker and Altered States: Conservation Analysis, and the Interpretation of Works of Art For information call (413) 458-9545

The Windham Art Gallery, a cooperative arts gallery in Brattleboro, Vermont, is now accepting portfolios for a juried selection process for new members. Artists living state area within 50 miles are eligible. Call (802) 257 1881 for information

A replica of a doctor's office entitled 200 Years of Worcester Medicine is now on display at the Worcester Historical Museum through October 16 Call (508) 753-

8278 for information Green Fields Market, in Greenfield, is calling for artist submissions an upcoming juried shows Slides pertaining to the thems Winter Solstice are due October 25 Call 773-

5157 for information. The Museum of Fine Arts, Boston, is hosting the work of **Sel Lewitt** through November 20 Call (617) 267-9300 for

information
For a complete listing of events for children and adults

at the Berkshire Museum in Pittsfield, call 443-7171
For a listing of films, demonstrations, and exhibitions at the Museum of Fine Arts, Boston, call (617) 267-9300

October is Massachusetta Culture Month and the Berkshire Museum is hosting a variety of exhibits. For a listing call (413) 443-7171

The Amherst Book & Plow Festival will fill historic Amherst with literati and literature-lovers from all over New England on September 24 – 25. For a detailed schedule of call the Amherst Area Chamber of Commerce at

The New England Film and Video Festival will preaent "Film for Life," a two-day festival at Smith College's Sage Hall on September 23 and 24, to benefit the Western Massachusetts Chapter of DIFFA, the Design Industries Foundation Fighting AIDS. For more information call (413) 533-2426

On October 2, Greater Promotions and Rock 102 present the Greater Springfield Record Convention at the Springfield Civic Center from 10 a.m. to 5 p.m. Call (203) 721-7523 for information.

The Amherst Area Chamber of Commerce invites its members to a Wine Tasting on October 6. Call 253-0700 for

WFCR, Public Radio for Western New England, presents Vintage Vinyi IV: The Used Record Sale on October 15 and 16 on the Amherst Town Common. To donate records for the sale or for more event information. all WECR at 545-0100.

WFCR 88.5 FM will broadcast Lyric Opera of Chicago

Saturdays at 1.30 p.m. Please call 354-02423 for a complete list of **Hilltown activ-**Ities, including dance at Jacob's Pillow, fairs and art

WFCR 88.5 FM will broadcast Club Del Sol, an hour-long Latin music series, on Saturday nights at midnight

WFCR 88.5 FM is currently broadcasting Concerts from the Library of Congress, Mondays at 9 p.m. Join Click and Clack as they chat about cars in WFCR's Car Talk at 4 p.m. on Sundays

CHILDREN/YOUTH

The Globe Bookshop is holding a **Kids¹ Book Centest** for children grades 1 – 6. Entries are due by October 30. Please call 584-0374 or 800-464-0374.

Please call 584-0374 or 800-464-0374

Boston's Museum of Fine Arts offers Youth Group

Visits and guided tours by appointment. For brochure and
reservations call (617) 267-9300 ext. 310, Monday –

Thursday from 9 a.m. – 4 p.m.

Call the Children's Room (739-3871) at the Springfield City

Library for dates and times of story hour for children.

Pottery Class for children meets Thursdays from 3:30 -

Pottery Class for children meets Thursdays from 3:30 – 5 p.m. at the Leverett Crafts and Arts Center. Call Donna at 259-1505. Ongoing enrollment

The Hampshire Regional VMCA (584-7086) is taking registration for fall youth programs is providing acting training for young people ages 8 – 18 at the Munson Library in South Amherist. Call 367-2658 The Bright Beginnings Nursery School at the Hampshire regional YMCA has afternoon spaces available beginning in September. For enrollment details contact has been detained the AMCA at 594 2005.

Holly Martineau, director of the YMCA, at 584-7086 The Children's Music Network will hold Song Swap on October 1 from 2 – 4 p.m. at the Croker Farm Elementary School. Children can bring song sheets, tape recorders, blank tapes, and snacks to share Call (413) 256-1380 (Hampshire County) or (413) 625-2355 (Franklin County)

Call the Children's Museum's What's Up Line for hours, exhibits, and weekly activity listings. (617) 426-8855 GLB EVENTS/INFO

To give or receive information about gay, lesbian, or bisexual events, resources, counseling, 5-college groups, announcements, and more, call **LAMDA**, the UMass Program for GLB Concerns' 24-hour information line, at 54-LAMDA (545-2632)

Marga Gomes performs in Cheva, her newest theater piece, September 21 – 24 at 8 p.m. in Bowker Auditorium at UMass. For tickets call the Fine Arts Center Box Office at

Free Pizza Party sponsored by GLASS (Gay, Lesbian and Straight Society) youth and young adult group (22 years and under), September 27 from 6:30 – 8:30 p.m. at the Greenfield Youth Center in Greenfield. Transportation: available. For more information call Becky L. at (413) 774-

DANCING

A class in Contact Improvisation, in which dancers with disabilities and able-bodied dancers explore creativity with touch and movement, is being offered through Amherst Leisure Services. First class meets September 29 from 6 -

Lesure Services: First class meets September 29 incm of 8 p.m. Call (413) 256-4065 to register twing and Balkroom Dance with Swingtime (formerly John Root and the Jazz Society Sextet) on September 24 at the Northampton American Legion, Swing dance lesson

with Bill Tenanis at 7.30, live music at 8.30.

The Barn Studio in Amherst announce schedule of classes for adults and children alike.

Offenngs range from yoga to modern dance to Y.E.S.

(Youth Empowerment & Safety Program) and much more. Call Director Mindi Sahner at 253-3008 for information

English Country Dance with guest caller Helen Davenport, October 1 from 8 -- 11 p.m. at Munson Library in South Amherst. Guests are asked to wear soft-

A new brochure entitled "Taking Care of You Shoulder offers tips on prevention and treatment of shoulder injuries. Send a self-addressed stamped envelope to Taking Care of Your Shoulder, American Physical Therapy Association, P.O. Box 37257, Washington, DC, 2003.

temprove your sports performance through strength training with isokinetic exercise. For information, write to The National Exercise For Life Institute, P.O. 80s 2000, Excelsior, MN, 55331, or call (800) 358-3636 Highland Valley Elder Services line, is offering Federal Older Americans Act funding for neighbor-to-neighbor pro-grams involving community members of any age providing transportation and shopping assistance, help with household tasks, and companionship to community residents age 60 and over. Call 586-2000 for information.

formen At Large is a positive and empowering support group for large women only. Meets Wednesday evenings

from 7 – 8:30 p.m. For location or more information call 774-3221

OB/QYN, a women's health practice affiliated with Holyoke Hospital, offers free, confiden tial prognancy tests. For details call 534-2826 Holyoke Hospital pro-

mation and advocacy regarding medical insur-ance Call 534-2599 for further information Holyoke Hospital offers

free blood pressure screening weekly For further information contact the hospital's Patient Education Department at 534 2500, ext. 5696

Hospital is participating in a national campaign to increase donations of blood. To schedule an appointment with the CDH Blood Bank, call

Safety brochures concerning child safety, rabies, elderly safety, and domestic abuse are being offered by the Cooley Dickinson Hospital (582-2255) of Northampton The Massachusett

Alliance to Limit and **Eliminate** Radioactive Trash Biack Sheep Deli in Amherst every Thursday at 10:30 a.m Call 585-

Statewide HIV Antibodies Counseling &
Testing Hotiline (800-750-2016) answers the questions

of Massachusetts residents with questions about the HIV antibodies test. The hotline takes calls in both English and Spanish, and has TTY services for the hearing-impaired HIV Law Consortium Offers Free Legal Advice and

Services to income-eligible people who are living with HIV/AIDS Bilingual advocates (Spanish/English) are available Call 734-1843 for more information

The Boston Museum of Fine Arts offers a variety of special-needs programs for visitors. For visitors with disabilities, free FM assistive listening devices are available. able in Remis Auditorium. For visualty impaired visitors, "A Feeling for Form" tours include selected museum objects that can be touched. All of these programs are available by reservation at least two weeks in advance calling (617) 267-9300, ext. 302 or TTY-TDD 267-9703

OPPORTUNITIES

VIVA (Volunteers in Vital Action) Community Service
Council at UMass is holding a Volunteer Fair on
Wednesday, September 21 from 11:30 a.m. – 3 p.m. on the
Campus Center Concourse
Applications and guidelines are now available from the
Northampion Arts Council for one is upday the

Northampton Arts Council for grants under the Massachusetts Cultural Council's Arts Lottery and PASS (Performing Arts Student Series) programs. The Arts Council is holding a Community Meeting for Artists on Wednesday, September 28 from 7 – 9 p.m. at the Northampton Center for the Arts to discuss the year's grant application process. Call 586-6950 x269 for more information.

The Springfield Library & Museums plans a fall follage trip to the White Mountains of New Hampshire from October 6. Guides will teach participants about the flora, wildlife and ecology of the North Woods in autumn. For reservations and additional information call the Travel Phone at (413) 736-8956 The South Hadley Canal Park Committee's Annual

Fait Program featuring authors and historians Michael S
Raber and Patrick M. Malone, will be held on October 8
from 2 – 4 p.m. For further information call (413) 534-3959

Donate used books, audio and video cassettes,

and records before September 23 for Springfield Library's annual book sale on October 12 – 15. For details,

call the Central Library at 739-3871, ext 290
The Tobacco Free Hampshire County Coalition is offering 10 to 15 mini-grant funds for tobacco pre-Pamela Schwartz, Coalition Coordinator, at 586-3786

Learn the Feldenkrais Method a unique form of movement education, 'trough classes or private lessons with certified teacher we Perkins Call (508) 544-6385 or

The Jones Library English as a Second Language Center (256-4090) needs volunteers to teach English and basic skills to adult immigrants. No experience necessary The Hampshire Choral Society invites new and old

members to attend weekly rehearsals every Tuesday evening from 7 30 – 9 .30 p.m. at First Churches in ton. For further information call 584-6604 **Open Hearth Cooking Demonstrations** w through out October at Hall Tavern in Historic Deerheld. Call 774-5581.

Douglas Auctioneers in South Deerlield will be at the Amherst History Museum at the Strong House to appraise antiques for the general public. Call 256-0678

Amherst History Museum seeks speakers, crafters, and volunteers for upcoming e ries of noontime lectures on the history and the arts of

Amherst and its region, and a senes of craft workshops that will be part hands-on and part history. Contact Mrs LeLacheur with ideas or your interest at 256-0678

North Adams State College is sponsoring trips

abroad as part of its Spring Travel Study program for educators and the general public. Destinations include Beigum, China, Greece, and Israel. For information call the Office of Lifelong Learning at 664-4511 ext. 543, as soon



soled shoes. For more infor-mation call 665-2111 or 772-

ontradance with Wild Asparagus and special guest Keith Murphy at the Guiding Star Grange in Greenfield, October 1 at 8

p.m. Dancers are asked to

wear soft-soled shoes. For more information call 772-

ountry Western Dancing with DJ Dr. Spark every

Wednesday night in August (except the 31st) from 8 - 11

9409) in Northampton Dance

n m. at the North Star (586

6840 or 323-9604

lessons at 7 p m

Scandinavian Dance every first and third Thursday at 8

p.m. at the East Street Studio in Hadrey Call 366-4365 of 536-8760 for further information Improvisational Dance every Wednesday evening from

8 15 - 10 30 p.m. at East Street Studio. All levels are wel-come. For further information call 256-8627 or 624-3709.

Beginning and Intermediate Yoga Classes at various

times and locations. For more information call 586-3259

Jazzercise has classes at various times in Deerried, Greenfield, and Sunderland for all levels of fitness Childcare is now available for the Sunderland morning classes Call 665-7130 for more information Amherst International Folkdancing at the Bangs Community Center in Amherst from 8 – 10 p.m. every Friday inght. Call Eva and Gene at 549-6748 or Cindy and Dennis at 256-0189

Come learn the Two Step with "Doc" Haggerty, along with other line and freestyle dances, at the Northeast American School of Dance in Northampton every Tuesday and Thursday from 7:30 – 9.30 p.m. Call 584-8521 for more

ISSUES/SPECIAL INTERESTS

The Morcy Hospital Alumnae are accepting applica-tions for a scholarship, available to the hospital's School of

Nursing Candidates many call Agnes Kelly (789-0272) or Rose O'Brien (732-2786), for more information and an

er 7 Call Betty Skala (782-5064), Cassie Cignol

application. The Alumnae Banquet is scheduled for October 7 Call Betty Skala (782-5064). Cassa Cici

sexual abuse Call 545-0800 for more information.
The Counselor/Advocate Program of the Everywoman.

ber is 545-0800

(782-5028), Agnes Kelly or Rose O'Brien for reservations
The Counselor/Advocate Program of the Everywoman's
Center at UMass is sponsoring on-campus support

groups for adult survivors of rape or childhood

Center at UMass offers regularly-scheduled billingual (English/Spanish) counseling for victims of sexu-

al assault and battering The 24-hour crisis holline number is staffed by Spanish-speaking counselors Monday - Fnday from 8 a.m. – 12:30 p.m. The holline phone num-

uestions can call **Healthcare Link**, a toll-free "800"

The service is free and confidential. Call (800) HC-LINK1 or

gency response system called **Health Watch**, for ill, disabled, or elderly people and latchkey children, which pro-

vides emergency service at the touch of a button. For information call Wendy Ortiz at 586-8139

The World Fathers' Association announces the estab

ishment of the Father's Defense Fund to help defray legal expenses of heads of families (male of famale) who

Western Massachusetts residents with health-care related

Visiting Nurse Association PLUS provides a personal eme

line that links callers to healthcare s

Jazzercise has classes at various times in Deerfield,

.m. at the East Street Studio in Hadley Call 586-4385 or

The Northampton Arts Council announces the premiere of Forgotten Tenor, an experimental documentary film by local filmmaker and Hampshire College professor, Abraham Ravett. Utilizing a combination

Misplaced Musician

of rare archival footage, family photographs, memorabilia, computer animation, and interviews, Ravett reflects the short life of one of the greatest and perhaps most unheralded jazz tenor saxophone players, Wardell Gray. Starting his career in the big bands of Earl Hines and Billy Eckstine, Wardell went on to play and record with such well known figures such as Charlie Parker, Count Basie, and Benny Goodman. Forgotten Tenor not only pays homage to Wardell Gray's accomplishments, but acts as a

meditation on time, memory, and the evolving histories of American Black Classical Music. Forgotten Tenor will be shown Saturday, October 1 in Wright Hall on the Smith College Campus, October 2 in Stern Auditorium at Amherst College, and on October 8 in Franklin Patterson at Hampshire College. All showings start at 7:30 p.m. and admission is free.

— Melinda Webber

Bisexual Concerns seeks UMass graduate students and undergrads with work study, for positions in the program. For more information call 545-4824

he UNass GLB Speakers Bureau will hold New Members Training Sessions on September 20 and 28 from 6 30 – 9 p m., and Orientation for New and Returning Members on September 29 from 5:30 – 7:30 p.m., in the Program for GLB Concerns Office, Crampton House Call 545-4824

The Lesbian, Gay and Bisexual Brown Bag Series will feature Marga Gomez, Latina Lesbian comic, or September 21, and Warren Blumenfeld, author of Looking at Gay and Lesbian Life and producer of the documentary film Pink Triangles, on September 28. The series takes place on Wednesdays from noon – 1.30 p.m. on the

new members and is preparing for an exciting 1994 – 95 season. For additional information contact PVGMC at (413) 586-1775

Discussion/Support Group for gay and bisexual men Fndays from 7:30 – 9 p m, in Room 311, 16 Center Street in Northampton. Call 585-5819

Tuesday evenings in Amherst Call LifeCourse Counseling Center at 253-2822

Lesbian and Bisexual Women's Therapy Group meets on Thursday evenings in Amherst Call Counseling Center at 253-2822

Counseling Center at 253-2822 for more information

(413) 584-4213
Out Now Teen Group of Springfield, a support, educational, and recreational group for gay, lesbian, and bisexual teens or those questioning. Meets Findays from 3.30 – 5 p.m. in Springfield. Call LifeCourse Courseling Center (253-2822)

7028 (TTY/VOICE)

The UMass Program for Gay, Lesbian and

of the UMass Campus Center It can also be taken for credit call The Program for GLB Concerns at 545-4824

Blatant, a monthly newsletter of events at UMass and the larger gay community, is free to any Five-College address other subscriptions are \$4 - \$7 sliding scale. Call 545-4824 The Pioneer Valley Gay Men's Chorus is open to

EAH (Lesbian Education and Health, 586-2016) offers free comprehensive physical exams, mammograms, and education of breast health to lesbians over 40 with no insur-ance and to younger lesbians with a family history of breast

Lesbian Adult Children of Alcoholics therapy group

or information about a **Gay and Bisexual Men's Therapy Group** call LifeCourse Counseling Center at

Exploring Your Sexual Orientation is an ongoing group for anyone wanting to explore this issue in a safe, non-judgmental environment. Meets Tuesday evenings. Call LifeCourse.

Cay Teense Poneer Valley Gay, Lesbian, and Bisexual Youth Project welcomes new members. Teen support group (under 21) and mentor program. Northampton-based. Call 24 hours (413) 584-4213

become forced to delend themselves against an unjust legal attack. For information, call (413) 584-7646. The Man Overcoming Violence (MOVE) program is working to end domestic violence through batterer treatment services. To learn more, call the program at (413)

COMMUNITY CALENDAR

Dinner for Eight is a new social and travel club for protessional singles between 30 and 60; it will feature dinner
gel-togethers and tours ranging from a night at the MET to
wine tasting in California. For additional information write:
Dinner for Eight, P.O. Box 465, Ludkow, MA 01056.
Work: for women's rights by volunteering for the
Greater Boston Chapter of the National Organization
for Women To get Involved cell (617) 782-1056.
The Boer Drinkers Union, formed by beer anthropologist, historian, and author Alan Eames, welcomes new
members To participate, send a card with your name,
address, and "pet peeve on the beer business" to Beer
Drinkers Union USA, 75 Pine Street, Brattleboro, VT
05301

The International Language Institute seeks families in the Northampton area to host international students who are studying English at the school. The students, from varying backgrounds, are ages 18 – 20 and stay from 4 – 12 weeks. A stipend is provided. Call 586-7560.

7569

The International Language Institute offers free English as a Second Language classes to residents of Franklin and Hampshire Counties For more into malion, or to schedule an appointment, please call 586

International Language Institute is looking for volunteer tutors for its English as a Second Language program Training is provided and a six-month commitment is required. For more information call 586-7569.

The Museum of Fine Arts in Boston offers free walks through the museum, as well as tours of Boston's Back Bay, downtown and waterfront areas. For tour times and information please call (617) 267-9300, ext. 448 for Museum tours and ext. 395 for Back Bay tours.

Museum tours and ext 395 for Back Bay fours

The Momesharing programs in Hampshire and
Franklin Counties seek householders who would like to
share their homes with others by exchanging rent for services. Arrangements can be made for alder care, childcare, or household chores or repairs Call the
Homesharing Office at the University of Massachusetts at
545-4466 or the Franklin County Home Care Corporation
173 5556

and guided tours by appointment. A group admission discount is available to nonprofit organizations. Call (617) 267-9300 ext. 368, Tuesday – Enday for more information. An "Artful Adventures Program" is available for community groups as well Call (617) 267-9300 ext. 316 for informa-

The Fall Planetarium Schedule at the Springfield Science Museum will take effect on October 8, with "Sky Show" at 3:30 p.m. on Thursdays and Findays, and "Sky Show" at 1 p.m. and "Magic Sky" at 2 p.m. on Saturday and Sunday. The Planetarium will be closed for annual maintenance from September 1 through October 7. III (413) 733-1194 for more information

"Stepping Stones to a Jewish Family" is an educational and experiental year-long program designed to help present an overview of Jewish Programs available in the area. The program is designed for unaffiliated, interfaith families considering Judaism as their home religion. For more information call Gail Glickman White at 586 4967 or conditions.

Can you spend a few hours a week sharing the joys of autumn with a lonely child? **The Companion Program** a United Way Agency, has a waiting list of children who need the friendship and positive role model that an adult companion can provide Please call the Resource Center at 253 2591

Apply now for the **DuraceII/NSTA Scholarship** Competition for a number of awards lotating over \$90,000 in U.S. Savings Bonds for 9th – 12th grade students. Call (703) 243-7100

dents. Call (703) 243-7100
pply now for the **Francis A. Kinnicutt Travel/Study Awards** for women only, designed to supplement the
expenses of a foreign travel and art-related study undertaken for professional or personal growth. Offered by the
Worcester Art Museum Call Elizabeth Swinton (799-4406)

Student Lean Berrowers can reduce their overall bor-rowing costs and lower initial monthly payments through several new and enhanced repayment options offered by Sallie Mac Call (800) 643-0040 for further information

Call for Guitars! Donate to Amherst public school teach-

ers for classroom use. Call the Staff Development Center at 549-3690, ext. 212

Resident ensemble theater company forming for an ongoing serial produced by The Black Sheep Café in Amherst. Looking for people with expenence in singing, dancing, improvisation, character development, and/or

accents. Call Dian for audition information (256-3417)

Volunteer for the Resource/Referral Program at

Everywoman's Center at UMass. Volunteers are needed to clip news articles from specific publications related to women's issues and multicultural concerns. Call 545-

The Massachusetts Audubon Society has several volunteer opportunities outdoors and in. Call Arcadia (584-3009) or Elizabeth French (584-7921)

Leverett Crafts and Arts Center is now considering applications for its artists-in-residence program. Studios are available to rent in a variety of sizes and configura-

tions, suited to your particular needs. Call 584-9070

The Serishtre Public Theater is looking for theater critics to be published in newspaper ads, posters, and/or other related promotional materials. The Press Card. Membership costs \$25 and gives admission to shows at a

discounted price Call 445 4634

Volunteers needed for the Northampton Visitors Center on King St. For more information, call Suzanne Beck at the Greater Northampton Chamber of Commerce (584-1900)

Volunteer for various positions at the Children's Museum in Holyoke Call 586 7048

Volunteer evenings or on special projects with staff and guests of Northampton's shelter for homeless adults. For more information call Priscilla Drucker at 586-6001 or 584

Plowshares Families on Board is looking for volunteers to build homes. For more information call Chris Doughty (773-3554) or Robert Hurwitz (773-7584)

Self Help Heusing Program: 20 families working in two groups for two years will construct their own homes so that their final monthly costs will be less than \$400. The Valley CDC is accepting applications to start construction in the fall. Contact Karen Andrade, the Self Help Housing Group Coordinator of the Valley CDC, at 586-5855

United States Coast Guard Academy is accepting and processing applications for appointment as Cadet, U.S. Coast Guard, Class of 1999. Applicants must be assured of high school graduation by June 30, 1995. Call (203) 444-8501 for further information or to obtain an appli-

POETRY/PROSE

Stanche Coomey will read from her book In My Own Sweet Time: An Autobiography on Wednesday, September 21 from 3 – 4 p.m. in the Nielson Browsing Room at Smith College. The event is open to the public, free of charge, and is wheelchair accessible Publizer Prize-winning poet James Tate will read from his new book, Worshipful Company of Fletchers, at Wootton's Books in Amherst on Thursday, September 22 at 8 p.m. For more information cell 253-2722.

Open poetry readings at the Black Sheep Café in Amherst take place on the 4th Wednesday of every month Next reading will be on September 28 Call host Ted Melnechuk for details at 256 4650

Paul Mariant, poet and UMass professor, wilt read from his new book Lost Puntan A life of Robert Lowell, on Thursday, September 29 at 8 p.m. at Wootton's Books in Amherst, Call 253-2722 for additional information. The National Library of Poetry is offering \$12,000 in prizes

through the North American Open Poetry Contest to over 250 poets. The contest is open to everyone and to over 250 poets. The contest is open to everyone and entry is free. Send ONE original poem (no more than 20 lines with poet's name & address at the top of the page) to The National Library of Poetry, 11419 Cronridge Drive, P.O. Box 704-1981. Owings Mills, MD 21117 Entries must be postmarked by September 30 Local writers are invited to pick up some of the "write angles" needed for a successful writing career at the National Writers Union's eighth annual Fall Writers Conference on Saturday, October 1. For information call 545.0474. **

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11 BRAHMS, PAGANINI, NIELSEN Music Director Finalist Peter Bay with Guest Violinist Jennifer Koh.

18 "SWING INTO SPRING" John Whitney Conductor & Plantst, performs music from the big band era to the age of be-bop Spansared by Mitton Bradley Radio spansor WHYN AMFM

26 BEETHOVEN Mass in C Major G OTHER SELECTIONS SOTH ANNIVERSARY CHORUS RECITAL with the Springfield Symphony Chorus conducted by Lucinda indye

APRIL

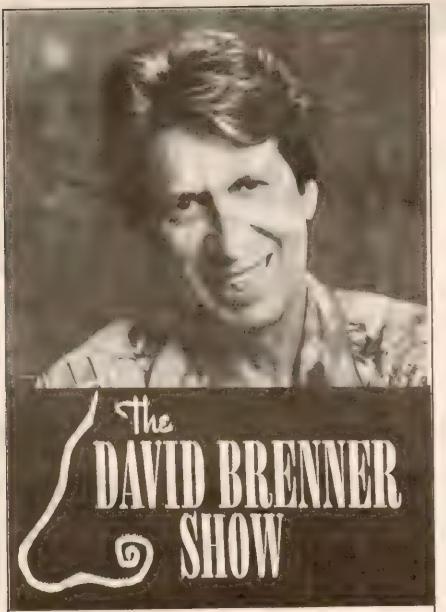
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5:30AM TO 10AM	DENNIS LEE SHOW NEWS: RON HALL SPORTS: GEORGE MILLER	DENNIS LEE (UNTIL 9) SPORTS MAGAZINE (UNTIL 10 30)	PUBLIC SERVICE AND GENERAL PRO- GRAMMING		
10AM TO NOON	FOOD FOR THOUGHT A PROGRAM FOR ANYONE WHO ENJOYS FOOD	CAR CARE COR- NER (UNTIL 10 48) PRESIDENT CUNTON (UNTIL 11)	CHURCH (10-11)		
NOON TO 1PM	INFORMATION HOUR LIFESTYLE FEATURES PLUS HEAVY LOCAL NEWS	S P O R	(13-1)		
1PM TO 3PM	BRUCE WILLIAMS AMERICA'S FINANCIAL AND BUSINESS ADVICE TALKSHOW HOST	T S P R	S P		
3PM TO 6PM	DAVID BRENNER COMEDY TALK AND SPECIAL GUESTS	G R A M	T S		
6PM TO 7PM	NEWS & SPECIAL PROGRAMMING	M I N G	SOUNDS OF		
7PM TO 10PM	TOM LEYKIS SHOW	Ť A L	SINATRA (6-8) ON LINE TONIGHT (8-10)		
10PM TO 2AM	BRUCE WILLIAMS	K N	TALK		
2AM TO 5AM	COAST TO COAST AM WITH ART BELL	E	NET		





ERARY OPTIMIST

Best-Selling Books in the Valley

Fiction

- 1. The Celestine Prophecy, by James Redfield (Warner, \$17.95.)
- 2, Half Asleep in Frag Pajamas, by Tom Robbins. (Bantam, \$23.95)
- 3. The Body Farm, by Patricia Cornwell. (Macmillan, \$23)
- 4. Selling the Lite of Heaven, by Suzanne Strempek Shea. (Pocket Books, \$20)
- 5. Politically Correct Bedtime Stories, by James Garner. (Macmillan, \$8.95)
- 6. A Son of the Circus, by John Irving. (Random House, \$25)
- 7. Debt of Honor, by Tom Clancy. (Putnam, \$22.95)
- 8. Dolphins of Pern, by Anne McCaffrey. (Ballantine, \$22)
- 9. Pigs In Heaven, by Barbara Kingsolver. (HarperCollins, \$13)
- 10. The Shipping News, by E. Annie Proulx. (Macmillan, \$12)

- 1. True North, by Jill Ker Conway. (Random House, \$23)
- 2. Better Than Sex, by Hunter S. Thompson. (Random House, \$23)
- 3. Schoolgirls, by Peggy Orenstein. (Doubleday, \$23)
- 4. Catcher was a Spy, by Nicholas Dawidoff. (Vintage, \$24)
- 5. In the Lap of the Buddha, by Gavin Harrison. (Shambala, \$14)
- 6. Magic Eye II, by N.E. Thing Productions. (Andrews & McMeel, \$ 12.95)
- 7. The Road from Coorain, by Jill Ker Conway. (Random House, \$25)
- 8. Agenda: Inside the Clinton White House, by Bob Woodward. (Simon & Schuster, \$24)
- 9. Couplehood, by Paul Reiser. (Bantam, \$19.95)
- 10. I Could Do Anything If Only I Knew What It Was, by Barbara Sher. (Doubleday, \$19.95) Best Sellers list courtesy of The Globe Bookshop, Northampton, The Odyssey Bookshop, South Hadley, Jeffery Amherst Bookshop, Amherst, Broadside Bookshop, Northampton, and the Beyond Words Bookshop, Northampton.

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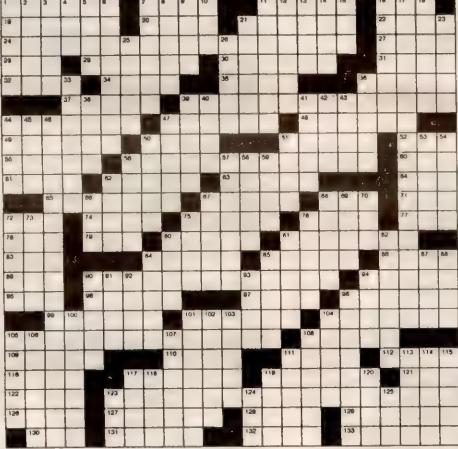
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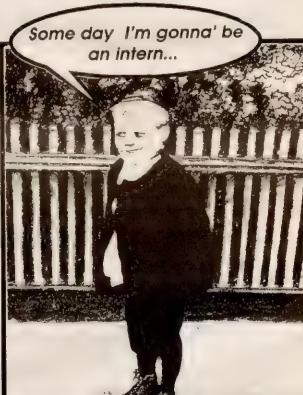
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Edited by Charles Preston

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- 103 Cartoon "spring" sound 104 Sugar and walking 105 See 56 Across
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- 111 Soft drinks 113 River to the Rhone 114 Silky thread 115 Canvas colors 117 Withered
- 118 Ear 119 Third Century date in Rome 120 Calendar
- abbreviation 123 PFC's at times 124 Spring mo. 125 12 months, in frontier lingo



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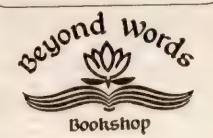
Come Meet Old Turtle as She Rolls Across Country To Collect Messages of World Peace

SATURDAY, OCT. 1, 2-4 pm
Activities for Children & Adults
at the Bookshop

Old Turtle, a converted Volkswagen Beetle, is travelling the country, visiting bookstores to play host to gatherings for peace as part of a 7-month, 50 state tour. Old Turle also is the heroine of Douglas Wood's fable of peace and environmental awareness titled, appropriately enough, **Old Turtle**.

At each stop Old Turle takes part in activities that encourage children and adults to write their visions of peace for the leaders of the world. As the tour reaches its destination, Old Turtle hopes to have collected 1 million messages of peace to deliver to members of the United Nations in time for the 50th anniversary of the UN this fall. We hope you will join us for this memorable gathering of peace and fun for the whole family.

Call Lisa Ganci, our Childrens' Dept. Manager for information on how to present an *Old Turtle* storytelling or other activity to your school, church or organization.



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You Must Remember This... as Time Goes By

ll people—even young adults, adolescents, and children—forget things. The names of new acquaintances. Possessions. Phone calls they meant to make. When this happens, they and their elders may joke about "selective memory." But for the older adult, the very same lapses provoke intense anxiety.

If you're over 45, you've no doubt experienced annoying delays in recall. You can't for the life of you remember the name of your high-school chemistry teacher, but later the name "Mrs. McCoy" floats into your consciousness. Or maybe it never surfaces. Or you find yourself standing in the middle of the kitchen and can't recall what you came there for.

"Am I losing it?" you wonder. "Is this going to get worse?"

One word that definitely is on the tip of every tongue these days is "Alzheimer's." This disease is better understood and more readily identified by doctors today, even though it remains incurable. But only a small percentage (anywhere from 5 to 10%) of people over 65 suffer from Alzheimer's disease. For the majority of health people, some degree of memory loss, especially after 65, is a normal part of aging.

Yet even as you search everywhere for your car keys, do remember this: many people can and do retain a very high level of mental functioning as they grow older. There's no uniform pattern of age-related changes in mental abilities for adults—it's a very individual matter. Declines, when they do occur, happen gradually over many years. But as Dr. K. Warner Schaie of Penn State University puts it, "We can teach an old dog new tricks." Indeed, his research has shown that people in their seventies and eighties are quite capable of learning and can even reverse mental declines.

ATTITUDE AND SELF-RWARENESS

As part of the ongoing Seattle Longitudinal Study of Aging, Dr. Schaie tested a group of over 800 people whose mean age was 68 initially (the range was 25 to 95). He found that many of them were sharper than they thought. Though verbal abilities generally remained stable into the mid-seventies, many people were overly pessimistic about their verbal abilities by the time they were tested again seven years later. Women also tended to underestimate their ability to visualize and to deal with objects in space. Dr. Schaie emphasized that some of this is reinforced by cultural stereotypes that people buy into. It helps just to know that you can expect to retain your verbal abilities and your sense of spatial ori-

Being realistic about your abilities and assessing your strengths accurately can help.

Self-aware people are able to adapt more readily. Staying aware could include anything from getting a check-up (to rule out any physical causes of forgetfulness) to simply forming the habits of writing things down.

HOW THEY DO IT

What about the happy majority who maintain high levels of functioning into their seventies and eighties? The Seattle Longitudinal Study, underwritten by the National Institute on Aging, has followed 5, 000 people, some for as long as 35 years. A summary of findings that recently appeared in American Psychologist cited some predisposing factors: good health, good education backgrounds, keen interests, positive attitudes, and job satisfaction— as well as living with a smart spouse! Yet even if you have not led a charmed life and don't fit into this profile, there's plenty you can do to keep your confidence level up and your mind supple as you grow older:

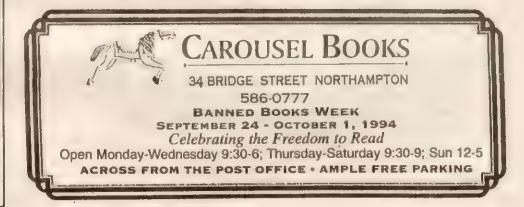
Know your health status. Untreated high blood pressure, for example, can mildly impair memory and lengthen recall time. If you have high blood pressure, this is one of many reasons to treat it and keep it under control.

Be patient with yourself if your shortterm recall slows down, or if it takes you longer to rummage through your memory bank and come up with the fact you want. All this is perfectly natural and no big deal. The average 20-year-old has a vocabulary of 20,000 words; the average 60-year-old, 40,000. That's one reason it takes longer to do the sorting. The process of retrieval may slow down, but age usually enhances "intelligence" and may even result in "wisdom," in part because our store of information has grown so much.

Give yourself credit for all you do remember. Prospective memory—remembering to keep a dentist's appointment for next week, for example — usually does not decline with age. Compare yourself with young adults you know: are you really so much more forgetful than they?

Stay active mentally. Pursue old interests and cultivate new ones. Play Scrabble or bridge, work on puzzles. Read the newspaper. Take a course in some subject that interests you, or learn a craft or skill. All these are good exercises for improving memory and maintaining intellectual function.

Be active. While there's no proof that physical fitness goes along with intellectual fitness, regular exercise confers a sense of well-being and may help control or ward off health problems.



Emotional Fitness

by Tom Raymond, MSW

I've been dating a woman who lives 100 miles away for over eight months now. Our schedules are such that we have been able to see each other three or four days a week but the commute is getting pretty tiring. I wish she lived in my neighborhood, but I'm afraid of what might happen if she moves. If I ask her to come I'll feel responsible if things don't work out and she's uprooted her life for me. I've considered moving there but I love my home too much to go.

What should I do? - Travelin' Man

Talk to her! If she's as invested in the relationship as you are, similar thoughts must be crossing her mind.

The first step is to lay to rest the notion that you'd be responsible for her if she agreed to move. In a relationship, each partner is only responsible for what they say and do. If you mislead her by overstating your affection, or by implying more of a commitment than you're actually willing to make, then you deserve to be tarred and feathered. But if you make an honest attempt to convey your feelings, you're not to blame if the move backfires.

Furthermore, if the relationship continues, this will not be the last time you'll find yourselves weighing her desires against your own. Intimacy demands that we declare our preferences, listen to our partner's response, and then negotiate.

One approach you might find useful is to separate your needs from your wants. You need to eat, but you want a pizza. You need to sleep, but you want a feather pillow. In successful relationships, wants are negotiable; needs are not. The hard part is figuring out which is which. Do you need to be with her but want to stay where you are, or do you want to be with her and need to stay where you are?

If this doesn't help, try putting the "travel-or-move" question aside for a while, Instead, focus on the here and now. What's going well and what's not?

A successful relationship is worth a couple of hundred miles a week. It may also be worth the risk of reducing that distance.

Dear Tom.

I am a single bachelor with a satisfying career. Recently I found myself powerfully attracted to a woman who works for me. I know what they say about sex in the work place but I don't think I can control myself much longer. Am I bad?

- Guilty Guy

I know what they say about sex in the workplace but that's not what they do.

Save your guilt. You're her boss, not her therapist. Besides, if you tell yourself you're bad and that you must not act, odds are you'll cave in before the week is out.

But there is a right way to go about it. First, don't make your move on company time or on company turf. Second, if your overture is rejected, simply go back to business as usual. Third, if it is accepted, do your best to keep your professional relationship professional.

Down the road you may need to discuss changes in how you work together, depending on the nature of your jobs. However, don't forget that the vast majority of romantic relationships end. Burning bridges is for advancing armies. Would-be lovers should

As for affairs, they have been with us since the first couple said "I do" and promised "I won't."

retain the option of an orderly retreat. Dear Tom,

I have a three-year-old girl who doesn't want to sleep in her bed anymore because of a bad dream. Is this something I should have checked out?

- Puzzled Parent

Chances are this is your normal gremlin-under-the-bed stuff. Three-year-olds are old enough to talk about dreams, but not old enough to separate them from their waking world. If you can get a handle on what spooked her, assure her that you can shoo it away. If that doesn't do the trick, plug in a night light or move her bed. (Some kids will even sleep on the floor until they reassure themselves that the dream is not coming back.)

If the nightmares persist, consult your pediatrician. They can check for any physical problems or refer you to a child and adolescent therapist who can help devise other strategies and explore possible sources of tension in your child's life.

Tom Raymond, MSW, is a psychotherapist with a private practice in Northfield, Massachusetts. Direct your questions to: Emotional Fitness, Optimist Publications, 13 Old South Street, Northampton, MA, 01060. *

One Person's Monkfish is another one's Lobster.

Not long ago this fish was tossed over board when caught. Perhaps it was its bizarre appearance. But now everyone from Julia Child to chef Jim Galileo from the Oceana restaurant in New York are singing its culinary

Monkfish is low in *cholesterol and fat. Its firm flesh and mild to slightly sweet flavor makes for the common comparison to lobster. You'll want to keep fresh Monkfish fish as close to 32°F as possible, and stored covered so the fish does not dry out. Although there are many ways to cook Monkfish, here is one of our suggestions.

> **NUTRITION** (Per 100 grams) Protein 18.5g *Cholesterol 19mg Calories 97 *Fat 2g Sodium 23mg

Monkfish Florentine

2 lbs. Monkfish.

1 Large Onion, chopped.

1 Pint Sour Cream.

1 Bunch fresh spinach

Nutmeg to taste. 2 Tbsp. butter or

Canola Oil

Salt & Pepper to taste.

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I. In a medium saucepan, saute onions in butter or oil until

translucent. Set aside. 2. Steam spinach and drain well. In a large baking dish layer fish, sour cream, onions & spinach. Sprinkle with nutmeg, salt &

pepper to taste.
3. Finish wish a layer of fish on top and a dab of butter or oil. Cover with parchment paper and foil & bake at 400° for 20 minutes or until fish is flaky. Variations: Substitute Hake, Čusk, Ocean Catfish, Seabass or Cod

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n e w s • o f • t h e by Chuck Shepherd

Lead Stories

Desmond Morris's latest documentary, "The Human Animal: The Biology of Love," now on TV in England, will appear on U.S. cable TV in January and picture a human orgasm — from inside the vagina. A tiny camera, similar to those used for exploration of the colon, was placed inside Wendy Duffield, 31, and another was strapped onto her husband's penis. The couple reportedly had sex about 60 times to assure sufficient footage.

In June, the National Gallery of Art in Washington, D.C., featured a show on "minimalism," in which sometimes quite ordinary objects are offered as art. Included, for example, was a wrapped package, in brown paper and string, entitled "Package," by Christo. According to The Washington Post, when gallery technician Glenn Perry was installing some of the exhibits with the aid of his tool cart, "several patrons and critics" gathered around the cart and studied it, as if it were an exhibit, before Perry finished his work and rolled the cart away.

SCHEMES

Texas A&M officials were considering charges in July that chemistry professor John Bockris used unorthodox scientific methods, and improperly circumvented school funding procedures, for his work in which he claims gold can be manufactured from other substances. In December, Bockris expressed surprise at the charges, reminding a campus newspaper reporter that he is a professor and saying, "What professor would be doing bogus work?"

Delaware prison officials decided in July to allow condemned murderer Nelson Shelton to undergo a kidney removal at public expense so that he can donate the organ to his mother. The state initially refused to pay but relented when Shelton played his trump card: He threatened to use all of his legal rights to appeal his sentence, which would cost the state hundreds of thousands of dollars.

In June, South Charleston, W. Va., inmate Robert Dale Shepard, in jail on robbery charges, escaped from a recreation yard by braiding dental floss into a rope that he used to scale a fence. To prevent such occurrences, the state of Maine prohibits inmates from having dental floss, but in July, Portland inmate Michael Tuck, 31, filed a lawsuit against the state, claiming that the policy hinders his ability to fight tooth decay.

In February a federal court in California dismissed the complaint of Jogezai Kakar Xhan against the director of the FBI and about two dozen other defendants for harassing him. The other defendants included President Bush, "the Queen of England," French President Mitterrand, the San Francisco Chronicle, some college professors, several street gangs in Hong Kong, "the drug cartel," H. Ross Perot, Paul Newman, Kirk Douglas, Frank Sinatra, Dennis Hopper, Phil Donahue, "the founders of Israel," Oliver North, and a "humanoid alien extraterrestrial leader speaking Greek."

In June, police in Deventer, Netherlands, arrested six women and a man they said had been robbing local supermarkets. The women would enter the market and disrobe down to their underpants to create a distraction, while the man walked into the manager's office and grabbed money.

In June, Michael Frazier, the "lifestyle" editor of the daily newspaper in Oak Ridge, Tenn., was charged with attempted murder of the husband of a woman he had written about. According to police reports, Frazier and Lisa Whedbee began an affair shortly after he interviewed her. In a plot to kill John Whedbee, Frazier was to pose as a robber-intruder and stab John while Lisa stood by with a baseball bat and pretended to defend John. According to John, Frazier seemed tentative, causing Lisa to break character and yell to Frazier, "You've got to do it, just do it now."

In July, Mollie Brusstar, 48, was convicted

of two counts of embezzlement from the Catholic Diocese of Arlington, Va., where she had been employed in administration. According to the prosecutor, Drusstar put imaginary employees on the rolls and issued their paychecks to herself. She and a sister went to Utah, and, posing as nuns, used the money to obtain dental work and cosmetic abdomen-reduction surgery. Brusstar's defense was that a monsignor had approved everything, but he was unavailable to testify, having committed suicide in the interim after being accused of molesting a parishioner.

FEUD8

In August, to end a feud in Concordia Sagittaria, Italy, a Judge ordered Maria Bruna Bortolussi to keep Pier talking blackbird away from neighbor Norina Miorin, after Miorin testified that Bortolussi had taught the bird to say, in Italian, "Norina, I'm going to kill you." The two were fussing over a garden.

In Minot, N.D., in June, a woman ran into a police station asking for protection from her husband, who was chasing her. She was told to be seated in the waiting area, but before police could get to her case, they found the couple outside in the parking lot facing off, with each pointing a chainsaw at the other.

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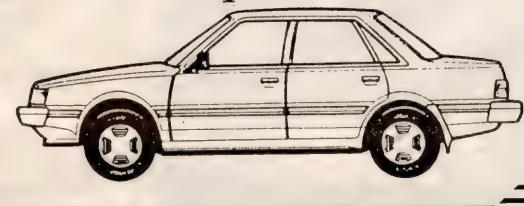
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NEWS OF THE WEIRD

CRIES FOR HELP

In May, a Denver judge sentenced Oliver Thomas Oster, 77, to serve 12 months in prison for four attempted bank robberies. Oster, who was said to resemble the near-sighted cartoon character Mr. Magoo and who is unable to walk, attempted the robberies from a car at the banks' drive-in windows and used a gun so rusted that the cylinder wouldn't turn, which was irrelevant, said his lawyer, because Oster lacked the physical strength necessary to pull the trigger, anyway.

LEAST COMPETENT CRIMINALS

Last fall, in Memphis, Tenn., a Loomis Armored Truck guard was robbed by two men just as he was about to enter a supermarket to make a pickup. The gunmen fled with the large bag the guard was carrying, which, since the guard was entering the store at the time, was merely a bag containing other empty money bags.

In November, in St. Joseph, Mo., Michael Gene McCrary, 37, was charged with attempted robbery of a barber shop. He walked in, reportedly slightly inebriated, pretending to have a gun in his pocket, and said to barber Fred Robertson, "Set 'em up." When Robertson requested clarification, McCrary replied, "You know what I mean." A customer walked outside and summoned police.

DON'T THINK SO

In a St. John's, Newfoundland, courtroom in August, George Clarke denied that the bruises and cuts on his girlfriend's body were the result of domestic assault. He said the back bruises occurred one night when Clarke was suicidal. He said he tied a noose ineptly to an overhead pipe and ultimately fell on top of her when she tried to stop him. The bruises and cuts on her arm came because he is forced to hold her arms tight-

ly during sex because, he said, "Your Honor, I only got a small penis on me."

COULDN'T POSSIBLY BE TRUE

In Baton Rouge, La., in June, minutes after funeral services for a 25-year-old man ended, his body caught fire inside the closed coffin, causing smoke to come shooting out of the cracks. Investigators said embalming fluids spontaneously combusted.

In Kissimmee, Fla., in May, William Nelson was shot twice at point-blank range by a man with a .30-caliber snub-nose revolver. One shot went through his shoulder and exited his back; the other bullet hit Nelson "square in the forehead and just stopped," said police officer Jim Lakey, leaving as Nelson's major problem only that his "ears were ringing."

The Consumer Product Safety Commission's May report on sports injuries said 1,455 people were sent to emergency rooms in 1992 with injuries from playing ping-pong.

Daniel Czubko, 32, went on the lam in late July when police in Bakersfield, Calif., sought him on charges that he had stalked his estranged wife. According to police, Czubka secretly moved into a 2 1/2-foothigh crawl space underneath the floor of Mrs. Csubko's new home on about July 23 and stayed for a week, listening to her activities, then leaving briefly to harass her on the phone by eerily describing what she was wearing and what she had been doing.

In a story on Elvis Week '94 in August in Memphis, The Commercial Appeal news-

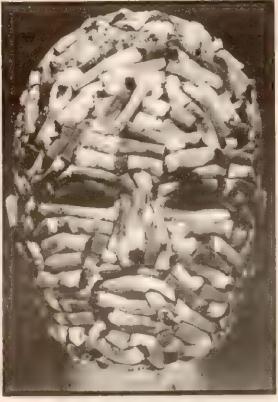


photo by Paul Shoul

paper reported its selections as the two most bizarre Elvis collectors' memorabilia, both of which belong to Joni Mabe of Athens, Ga. One is a toenail she claims was Elvis's, picked out of a carpet in the Jungle Room during her 1963 visit to Graceland; the other is a wart that was removed from Elvis's right wrist in 1957. She said she purchased the wart, encased in formaldehyde, from the operating surgeon's estate in 1990.

William Powell, 35, was convicted of assault in Detroit in June after a court found

that he intentionally pulled his pregnant, 33-year-old girlfriend part way through the window of his van as he sped through the neighborhood, rammed her body against a telephone pole, and kicked her after he stopped the van. The woman, who lost the baby as well as an arm and a leg in the incident, testified in support of Powell, saying that the incident was her fault.

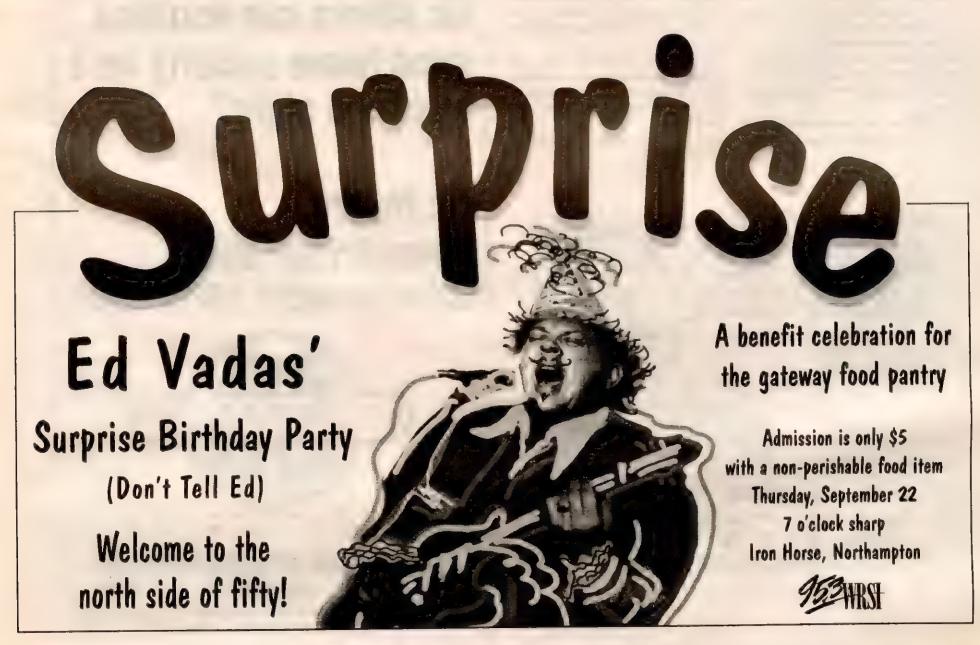
Police in Mendota Heights, Minn., filed armed robbery charges against John P. Wuchko, 20, in July. According to police, Wuchko left no fingerprints at the scene because he wore surgical gloves, but they recovered one of the gloves nearby and found Wuchko's fingerprint on the inside of one of the fingers.

PEOPLE IN THE WRONG PLACE AT THE WRONG TIME

In Las Vegas, Nev., four undocumented aliens were deported to Mexico in July after being turned in by the customer for whom they were installing carpet. The customer was Arthur Strapp, head of the local office of the U.S. Immigration and Naturalization Service (INS). Said Strapp, "Out of 900,000 people in Las Vagas they picked my house." And in March, a Haitian woman who had just landed illegally in St. Croix, the Virgin Islands, was arrested when she hailed what she thought was a taxicab but which turned out to be an official INS car.

In May, a gang of bandits burst into a bakery in Rio de Janeiro at precisely the time that it was being robbed by another gang. The first gang had just taken a cash box, containing about \$45, which the second gang then demanded at gunpoint. A hail of gunfire erupted, and the first gang

continued on page 44



CONTINUED FROM ...

TALKING BUSINESS

continued from page 18

One of the features of DBA that has become popular with employers is their Temp-to-Hire program. As Whitney explains, "it lets employers see an individual on the job before making a decision to hire them. And, if it's a good fit, that person can be hired by the company as a permanent, full-time employee." Such was the case with one of DBA's clients, who credited Hicks and Whitney personally for her employment success. "Thank you for all that you did by getting me a permanent position at Hillside Plastics," she wrote to them. "Without you people from DBA, I would not be where I am today."

DBA's Other Beneficiaries

The benefits of DBA are beneficial not just to business employers and clients, but also to individuals with disabilities who rely on CE's services. For example, DBA recently contributed \$10,000 to CE's Employment and Training Division; specifically, to the Athol/Orange Cleaning and Construction Crew for the purchase of a van. With contracts ranging from painting to sheet-rocking throughout the Franklin, Hampshire, Hampden and North Quabbin areas, the crew was in need of their own transportation.

Staffed by people with disabilities, the Construction Crew is headed by Employment Coordinator Earl Lincoln, who has a General Contractor's license and over 25 years of experience. Lincoln, his chief assistant Gary Beaulieu, and the other crew members have been remodeling a building in Holyoke which will likely serve as rental space for new businesses. With funding assistance provided by Fleet Bank, the project has been running successfully since April and is serving a variety of needs for the crew members.

One worker, afflicted with a manicdepressive disorder, described why the Construction Crew is important to him. "I have my disability and I don't have much money. I have a wife, I have an apartment and I have to pay my bills. The money I receive through this job helps to ease the burden a little better."

"I like the flexibility of the hours," says Darryl, another crew member. "I have a family and I go to school, but thanks to [the Construction Crew] I'm able to work as well."

"I think that every woman should work

on an all-male construction crew to find out what it's really like," quips Sue, the lone female of the group. From the back seat of the van, she afterwards adds that "the people on the crew are really nice. They treat me just like one of the equals and I really appreciate it."

Looking Towards the Future

Economic development is a hot topic for CE and DBA these days. DBA has recently begun a second for-profit business called Dependable Cleaning Service, specializing in commercial cleaning. Plans are currently underway for a Small Business and Entrepreneur Center, a joint venture of DBA and CE that would directly assist people with disabilities by providing small business advising and possibly a revolving business loan fund. Joseph Campbell, EdD, President of CE, says that the project will be launched during this fiscal year.

In explaining the philosophies underlying this entrepreneurial center, Campbell says that the employment opportunities which are generally available for people with disabilities are limited. The jobs tend to be low-paying and under-stimulating. "They're being processed in a vocational system that figures they should be in jobs," he says, "[when probably] 20 percent of the disability population is entrepreneurial; these people don't want to be somebody else's employee. We must address this whole issue of economic development for people with disabilities."

Ultimately, DBA and other for-profit businesses will continue to play a key role in CE's future services to people with disabilities, in addition to servicing their own clients. As Campbell notes, it is their profits that generate the necessary monies and the freedom to experiment with possibilities beyond the restrictions of state funding. "Quite frankly, we could never take this innovative approach [to human services] if it wasn't for private money," says Campbell. "The for-profit enterprises are providing the capital, the resources, and the structures in which these people can be helped."

Community Enterprises Inc. and Dependable Business Alternatives are located at 441 Pleasant Street in Northampton. For information call (413) 584-7460 (V/TTY). ★

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[6]

NEWS OF THE WEIRD

continued from page 43

escaped with the money.

In January and February, respectively, inmates escaping from prisons in Lancaster, Calif., and Immokalee, Fla., by hiding in garbage trucks, failed to get out of the trucks before they were compacted into bales of trash. The California man survived, but the Florida man, who was serving a life sentence for kidnapping was found dead, badly mangled, in a landfill, where the truck had deposited him.

CRIES FOR HELP

Last fall, the California Bar Association finally disciplined Berkeley, Calif., Attorney Morgan Doyle for a string of incidents dating back eight years. Among them, according to the bar association: In 1985, he fired a shotgun from the roof of his apartment building to celebrate what he called the exploration of the West and the arrival of

a battleship in the San Francisco harbor; and in 1991, after the owner of a restaurant refused to yield to Doyle's repeated, inexplicable requests for free croissants, Doyle threw food around the room and threatened the man and his wife. The bar association, noting that none of the incidents involved "moral turpitude," suspended Doyle for 30 days.

Least Competent Criminal

Danny Kelley, 17, was charged again in August for burglarizing a home near San Antonio, Texas. Last year, the 400-pound Kelley was arrested for another home burglary, during which he had also raided the refrigerator, after police traced a trail of discarded ice cream wrappers from that house to Kelley's in the same neighborhood.

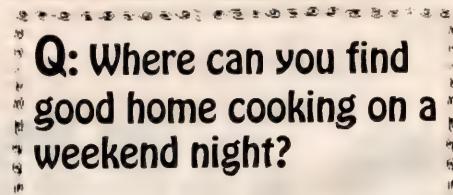
- Universal Press Syndicate

COMMUNITY AND COMMERCE

continued from page 14

one gay man who had tried for thirteen years to become a father. He had tried all these different ways and finally hooked up with a woman, a lesbian. He was single at the time and she was in a relationship with someone who didn't want kids. They did basically what they describe as a courtship. Subsequently, he became involved with this man and now they're these two couples and at the center is this gay man and lesbian who have developed a very intimate relationship around parenting. It's a family. They don't all live together but they function as a family and the kid goes back and forth. I think they just open up so much in terms of what a family might be. Also, along gender lines, it's just fascinating what happens when two men or two women have to work out parenting arrangements without being able to fall back on gender stereotypes about who's going to do what and what kinds of relationships we're going to have with children. They're really shaking up the definitions and expectations, that's why I hope the book is widely read by not just gay men and lesbians because the culture really needs some of these models.

Join Laura Benkov, PhD for a reading of and discussion about Reinventing the Family at the Northampton Center for the Arts on September 27 at 7:30 p.m. For more information call the Globe Bookshop at 584-0374. ★



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Arts, Crafts & Hobbles

The Brickmill Gallery is looking for serious artists to join our cooperative. All media invited. Send SASE to P.O. Box 833, Ware, MA 01082 or call (413)967-8177.

Artists Wanted: Second Annual Northampton Arts and Crafts Fair, featuring women artists, to be held at the Hotel Northampton, December 4, as a benefit for Necessities/Necessidades, an organization for battered women. Booths \$50, \$75, \$100. Juried. For an application, please send a SASE to Tricia-Collins Molte, 89 Bardwell St., S. Hadley, MA 01075. Telephone inquiries, please call Roz at 586-1125. Deadline for artists Oct. 7.

Artists & Writers invited to send submissions. We are looking for talent yet unnoticed by media. exchange is published copy. Any other exchange still to be determined. For info call (203) 626-0500. send open submissions to Tower Publishing, P.O. Box 85, Torrington CT 06790.

Audio Visual

Samsung Stereo w/ CD, graphic equalizer, dual cassette, more. \$85. Fisher receiver (from late '60s) \$125. BSR 3-spd. turntable \$40. (413) 253-9501.

Audiophile Cassette Duplication. Real-time or high-speed. On cassette printing. Call for a quote. (413) 584-1000.

The toughest loudspeakers in the world. Self-casing, watertight, and compact, with a very powerful and accurate sound. Excellent for bands

Audio Visual Cont.

and DJ's, clubs and sound companies. Stop buying disposable speakers: but factorydirect quality instead! For FREE info., or to check them out in person call Technomad Inc. at 584-4842.

Classic Albums On Vinyl! Beatles "65" and Rolling Stones "Out Of Our Heads". Call Suzanna, 238-4418.

Audio System. Optimus system, 2-100 watt speakers, 5disk CD, dual tape, 100 watt receiver. \$1,000 new. Asking \$600. 548-9041, ask for John.

Stereo Flea Market. Sunday's 10am to 4pm. At Jacksons Flea Market in the Mountain Hadley. Mall, Used/new, wide variety. Buy, sell, swap. Other days, call Stereo and Video Exchange. 256-0941.

Autos For Sale

ORTHAMPTON'

Subaru Authorized Sale

Convertible Collectors Car" - Excellent condition, \$4,995.

89 XT Coupe - Auto., Air. #7741A, \$4,995

'91 Justy - 4x4, Auto., 5 Door. #P01955, \$5,995. 92 Legacy Sedan - 4x4, 5 speed., Air. #55102A,

\$9,895. '93 Legacy Wagon - P.W., P.L., Air, Auto. #F1990,

\$11,995. '94 Loyale Wagon 4x4, 5 speed., Air. #P02014, \$12,689.

Now thru Sat., Sept. 17th

These and many other Subaru models may be seen at Northampton Toyota 280 King St., (Rt. 5) Northampton. 586-8922 / 800-966-5866

1983 Honda Civic, 2-door hatchback, Automatic, cassette stereo, 85,000 miles. I've spent years with this car, it's treated me well. \$1,500 or best offer. Call Patrick at 586-7070.

Audi 1990 Silver, Pow/Sunroof loaded 45K \$13,000 (413) 786 • 0766 After 6pm.

1969 Blue Volvo 142 automatic 180,000 miles, new sticker, recent tires, ahead timing, runs well, driven daily, very little rust. \$895. Delores (413)

1986 Saab with high mileage, excellent condition. Wife says it has to go. Sacrifice at \$2400. (413) 247 • 5453.

1990 Eagle Talon TSI AWD. Excellent condition. Loaded, new tires, factory warranty transferable. 47,000 miles. Price negotiable. Phone (413) 202 NORTHAMPTON SE EASTHAMPTON

The First Place You Want To Look When You Want a Good Used Car

Pre-Owned
Automobiles
'93 Oldsmobile 88
Royale. V6,
AT/wOD, AC, PW,
PDL, cruise, tilt,
cass. 6 way pwr
seat. Under 20,000
miles.

'93 Toyota Pickup 4x4. Standard 5 spd, rear slider, gauge package, cass player. Under 18,000 miles.

••••••(#1234)

'92 Dodge Dynasty LE. 3.3 Litre V6. AT, AC, PW, PDL, cruise, tilt, cass, 6 way seat, air bag. Under 29,000 miles.

'92 Buick Lesabre.
Limited Sdn. V6,
AT w/OD, AC, PW,
PDL, Cruise, tilt
cass, 6 way pwr
seat, wire wheel
covers. 1 owner.
Under 33,000 miles.
••••••(#4906)

'91 Buick Lesabre. Limited. V6, AT w/OD, touch climate control, PW, PDL, cruise, tilt, cass, 6 way pwr seat, wires, luggage rack. Under 51,000 miles.

• • • • • • • • (#4875)

'91 Buick Century. Sdn. V6, AT w/OD, AC, PDL, cruise, tilt, cass, styled wheels.

• • • • • • • • (#4943)

Roadmaster. Estate Wgn. V8, AT w/OD, AC, PW, PDL, cruise, tilt, equalizer cass, 6 way pwr seats, luggage rack, alum wheels and more.

• • • • • • • • (#4671)

Autos For Sale Cont.

90 Olds Cutlass Supreme. Sdn. V6, AT w/OD, AC, cruise, tilt, cass, alloy wheels.

• • • • • • • (#4938)

'89 Buick Century Custom. Sdn. V6, AT, AC, PDL, cruise, tilt, cass, wires.

• • • • • • • (#4923)

'88 Buick Lesabre. Ltd. Sdn. V6, AT w/OD, AC, PW, PDL, cruise, tilt, cass, 6 way pwr seat, luggage rack. ••••••(#4945)

All Cars Backed By Cernak's Warranty. Easy financing available

Hours: Monday thru Friday 8am to 9pm, Saturday 8am to 5pm 527-1134

Auto Technician Owned
"One must go!" 1982 Chrysler
Lebarron Convertible. Maroon white top 2.2 Auto, P.S.,
tilt, P. B. 1984 Chrysler
Lebarron Convertible 2.2
turbo, loaded, white top.
"Top Condition Cars" Call
Tom 783-4045

Subaru GL Wagon (1984 5-speed, sunroof, A/C, AM/FM/cassette, power steering. Some rust, needs work. \$700 or B.O. 586-9947, leave message.

1982 Saab 900 Turbo . Well maintained, new clutch, sunroof, new brakes, slate blue, runs smooth. \$2,000 or B.O. Call eves. (413)337-4047.

1987 Toyota Tercell hatchback, 4-speed, A/C, AM/FM stereo, red, tint, new engine + tires, very clean reliable, and economical. One owner. \$2,500, 367-2070.

Nissan: 1987 90,000 miles. Great condition. Runs fantastic. Black. Cassette, air. 6 cylinder. \$4,500. 529-9370.

Fiat Spyder Convertible 2 seater, 1972, mechanically sound, recent sticker, needs paint, floor panel, \$300. 586-3730, days.

1981 Porsche 924 Turbo 100+ KM, decent shape, fun to drive. \$2,000. Call (413)543 1155

1990 Chevy Blazer S10, 4x4, AT, PS, CC, ST. \$12,995. Herb Chambers, 203-525-8500.

1993 Hyundai Scoupe, Blue, PS, Tint, ST.CASS. \$7,995. Herb Chambers, 203-525-8500.

1987 Isuzu Trooper, 5SPD, Red. \$4,995. Herb Chambers, 203-525-8500.

1986 Jeep CJ7-V6, AT, AC, 4"Lift, 33"x10.5-15, 2TP, ST, Clean. \$7,495. Herb Chambers, 203-525-8500.

1991 Dodge Spirit, 4DR, AT, PS, PL, PW, AC, CC. \$6,995. Herb Chambers, 203-525-

Autos For Sale Cont.

1991 Hyundai Sonata, 4DR, AT, PS, PL, PW, AC, CC. \$6,995. Herb Chambers, 203-525-8500

1993 Mitsubishi Diamante, 4DR, AT, PS, AC, PL, PW, CC, SR. \$18,995. Herb Chambers, 203-525-8500.

1992 Hyundai Excel, 5SPD, Tint, #40201A. \$4,995. Herb Chambers, 203-525-8500.

1992 Mitsubishi Mirage, 4DR, AT, AC, ST #P2280. \$6,995. Herb Chambers, 203-525-8500.

1991 Honda CRX, 5SPD, AC, SR. \$7,495. Herb Chambers, 203-525-8500.

PSroof, leather. Call for price. Herb Chambers, 203-525-8500.

1994 Lexus 400LS, Loaded,

PS, PB, PL, AC, CC, \$6,995. Herb Chambers, 203-525-8500. 1993 Mitsubishi Expo LRV, 7Pass., AT, AC, PW, PB, Tint.

203-525-8500.

1988 Mitsubishi Starion TSI,
Black, AT, AC, Leather,
loaded. \$5,995. Herb

Chambers, 203-525-8500.

Call for price. Herb Chambers,

1990 Toyota Camry, 5SPD, AT, ST, Tint. \$8,995. Herb Chambers, 203-525-8500.

1991 Ford Explorer XLT, 4x4, AT, AC, SUNRF. \$16,995. Herb Chambers, 203-525-8500.

1992 Chevy S-10 Blazer, AT, AC, Loaded, 4x4. \$13,995. Herb Chambers, 203-525-8500.

1992 Mitsubishi Eclipse, 5Spd, AC, PS, Tint, Red. \$9,995. Herb Chambers, 203-525-8500.

1990 Ford Mustang, AT, ST Cass.. \$5,995. Herb Chambers, 203-525-8500.

1990 Mitsubishi Galant, 4DR, AT, AC, ST. \$7,995. Herb Chambers, 203-525-8500.

1989 Pontaic Grand Am, 2DR, AT, AC, #95-133A. \$7,995. Herb Chambers, 203-525-

1991 Geo Metro, Convertible, Blue, #P3211A. \$6,995. Herb Chambers, 203-525-8500.

1990 Mitsubishi Eclipse, Red, 3DR, AT. \$6,995. Herb Chambers, 203-525-8500.

1986 Mazda RX7, 5Spd, Nice. \$5,995. Herb Chambers, 203-525-8500.

1989 Plymouth Voyager, AT, AC, Loaded. \$7,995. Herb Chambers, 203-525-8500.

1991 Hyundai Excel, 5 Spd, 3DR, AC, ST. \$4,995. Herb Chambers, 203-525-8500.

1993 Hyundai Excel, AT, 3DR, ST CASS.. \$5,895. Herb Chambers, 203-525-8500.

1994 Hyundai Excel, 3DR, At, AC, SUNRF. \$8,995. Herb Chambers, 203-525-8500.

Autos For Sale Cont.

1991 Mazda B2200 P UP, 5Spd, Tint, ST. \$5,995. Herb Chambers, 203-525-8500.

1988 Subaru Wagon, 4x4, 5Spd. \$2,995. Herb Chambers, 203-525-8500.

1990 Nissan Sentra, 2DR, 5Spd, Tint, ST. \$3,995. Herb Chambers, 203-525-8500.

Boats -

Starcraft SeaFarer. 14' V-hull with 15 hp Mercury, long shaft with trailer, electric trolling motor, 3 years old. \$2,500 firm. Like new. Call 247-5429.

Kawasaki Jet Ski X2 650cc, 2 seater with trailer and extras. Great shape. \$1,150/best offer. 247-9869.

Books

Fill Our Shelves!

Good quality used books needed. All subjects are welcome (no textbooks). Children's science-fiction and computer books especially wanted. Cash or store credit. Carousel Books. 586-0777.

Computers

MacPlus 4 meg 30 meh hard drive. Pagemaker 4.02, Microsoft Word 4.0 ++ H.P. Deskwriter Ink Jet. \$750. Call (413) 543-1155.

Fitness & Recreation

Pool Table. Like new. Custom Built 8', 3 slate, with brass and stained glass overhead lights. Best offer. 584-9493.

Bicycle 6-speed, 20", unisex, all-terrain, very good condition, \$65. Childs' helmet \$15. Call 367-2070.

Stay in shape over the winter. Ongoing scuba programs. Finest in home fitness equipment. Call Hampshire Scuba and fitness. 586-8759.

'93 Vaughn Legacy Goalie Pads, used 1112 years in WRF, model 2070, size 31". Asking \$400. (413) 527-9061.

Great Bike, Cheap! Nishiki 12-Speed road bike. Barely used. \$125. 253-4971

Mountain Bike - Red Univega 22 inch Rangerover - Indexed, cost \$350, in good shape. Sell for \$200. Also have U-lock and new, unused Bell Weather Bike shirt. Cost \$ 40, sell for \$25. Larry, 584-6658.

Treadmill, heavy duty, commercial model. No elevation. \$3,995 new; excellent condition. \$895. Call 256-0081.

Massage/Treatment Table So-lid, comfortable. Does not fold. \$100. 253-0958

Yoga Classes, Kripalu style. Days and evenings, private instruction. Phoenix Rising Yoga therapy. Heart Song Yoga Center, E. Longmeadow, MA. (413) 525-0720.

Schwinn Air Dyne stationary bike. Works upper and lower body with computer. excellent condition, \$395. Call 256-0081.

Fitness & Rec. Cont.

Merlin. 61cm road frame set. \$800. Call 527-7427.

Furniture

Tables: Solid Pine, 2 end tables, matching coffee table. Colonial trestle style \$50 each. 525-7903.

Couch, Elegant pastels, 5 years old. Originally \$1000. Asking \$500. Very good condition. Call 253-2985.

Rug, Indian wool, floral, muted pastels. 9'x12'. 4 years old. Excellent condition. Originally \$1200. Asking \$900. Call 253-2983.

Bureau, Solid oak. Five drawers. Decorative porcelain knobs. Nice condition. \$200. Call 586-3480.

Waterbed, king size, soft size. Looks like regular bed. Excellent condition. Moving. \$350 or best offer. Call 665-1205.

Furniture. Great condition! 8 foot couch \$75, glass top coffee table \$35, armchairs \$25, each, TV cart \$25. 247-9755 eves. or leave message.

Dinning table. 48" round, opens to 72" 4 chairs. Pine. Dark finish. \$250. 586-6994.

Danco Design Center.

Scanda navian and contemporary furniture. Kitchen and bath cabinetry, lighting, rugs, gifts, and accessories. Over 40,000 square feet of innovative and functional designs for the home and office. Rts. 5 & 10 West Hatfield. 1-800-637-0238.

Ross Bros. Antiques, used furniture, wooden boats and canoes, architectural salvage and other unusual items. 586-3875.

General Merchandise

Samurai Sword. Also medieval replica's. Some functional, some not. Call Josh. 549-7331.

Van or RV Seats 2 Captain chairs, 1 bench seat. Good condition. \$150 for all or make offer. Call Sean, 584-7196.

Cameras For Sale Minolta XG-1 wih 45mm/f2, case, inst. book, ex +, \$100. Minolta XG-9 with 50mm/f1.7, ex +, \$100. Fujica ST-705 with 43-75 Fujinon, zoom, near mint, \$125. NIKONS: F2-SB, black. Best of Nikon's LED finders. Some brass showing on body, \$350. FG with 50mm/f1.8, case, inst. book, near mint, \$200. FE, near mint, \$225. Nikkormat EL with case, ex +, \$150. Note: Nikon 50mm lenses (2), \$25 each if purchased with body! ROLLEIFLEX 3.5E With Zeiss Planar lens, shade, strap, Ex, \$350. PENTAX LX with case, grip, motor drive, all near mint. Sale or possibly trade. Please call. Trades gladly considered. All equipment has been carefully checked. 247-9573. Messages will be returned.

Kitchen Sink. Elkay stainless steel. Gourmet, double bowl. Never used. \$75. Call 586-6994.

Bottled Water, 2 cents/gallon. Environmentally and economi-

t'.

cally the smarter choice. No more glass and plastic containers in the dump and no more paying more for water than gasoline - all at your kitchen sink! Call for more

info or free home demo. (413) 585-

Gen Merch. Cont.

Whirlpool dishwasher - pots portable, \$150. Two 14 inch snow tires. Like brand new, \$50. Four 16 inch wide truck tires, \$40. Epiphone guitar, \$85. Call Dan, 737-9705.

Freezer, upright, Whirlpool, white, 12.8 cu. ft., good condition, \$150. Lateral file cabinet, 4 drawer, cream, 42"x52"x18", \$150. Bruce, 527-7188.

Good Stuff For Sale! Giorgio Armani frames. Were \$199, sell \$75. Leather jacket size 44, absolutely gorgeous. Was \$499 at J. Rich, sell \$175. Call 549-9967 or leave message.

Help Wanted

Retail Clerk. Part-time 20-25 hours per week. Flexibility required. Important behind the scenes position at Zanna. Starting at \$6.00 per hour. Call Lori from 10-3 at (413)253-2563.

Weekends and Mondays approx. 12 hours a week. Looking for responsible person with car to work in Cafe'. Hard work, good environment. Call Maria, Bookmill Cafe', 367-0200.

Assembly. Packing machine operating. Long and short term assignments. Office positions also available. Transportation a must. Call Reliable Temps Inc. (413) 527-(7701.

Free Iron Horse Tix! Make or hang posters. It's quick, it's easy, it's fun. Call Varsh if interested. 584-0610.

Light Factory Work. Immediately available for first and second shifts. References and transportation required. Call Kelly Temporary Services. 586-6868.

Experienced busser/runner for upscale hilltown restaurant. Fun environment, hard work. Call Catherine at 268-7222.

Office Manager. Fundraiser \$15,000-\$19,000 a year. Work for Clean Water Action, a national environmental group. We need a politically motivated and administratively skilled person for our Northampton office. Inquiries please call Bayard at 584-9830.

Environmental. Capitalize on the solution instead of the problem. Explosive growth throughout Western Mass. Too much growth, not enough quality help. PT/FT sales.584-9830

Administrative: Secretaries, Wordprocessors, Data Entry Operators, Receptionists. We've got work for you now! Earn Assignment Bonus! Ask about our Refferal Bonus! Call D.B.A., 586-7403

Attention UMASS Students
UMASS Telefund is hiring for
September. Earn up to
\$5.50/hour plus bonuses.
Flexible evening hours.
Impressive resume' experience.
Stop by the basement of
Memorial Hall at UMASS or call
\$45,3600

Help Wanted Cont.

Connect with girls as an ally and partner. The Girl Scouts seek volunteers to work with girls ages 5-17. You don't need to have a daughter that age to be a leader, mentor, or resource person. Flexible time commitments. Interested? Please call Western Massachusetts Girl Scout Council at 1-800-462-9100 or 584-2602.

Houses For Sale

House for Sale by owner. (Greenfield). Four bedroom traditional, vinyl sided, screened-in porch, spotless, move-in condition. Nice family neighborhood on dead-end street. Very reasonable at \$84,900. Phone (413) 773-7651 for appointment.

Florence. 2 bedroom traditional family home with fenced yard. Walk to village center. \$103,000. CAll Arlene, 586-1623...

Southampton. New listing! Spacious 3 bedroom remodeled ranch on private lot. Central air, 17x21' open living area. \$111,000. Gene at Callahan Real Estate, 527-4652.

Easthampton. 4 bedroom Cape with open floor plan and hardwood floors, new dining room, 11/2 baths, finished basement, 1 car garage. \$114,900. Gene at Callahan Real Estate, 527-4652.

Easthampton. 2 family with many improvements; siding, new 1st floor windows, porches. Nice layout. Separate Utilities. \$114,900. Gene at Callahan Real Estate, 527-4652.

Easthampton. Sit on the deck by the pool, almost an acre of land. Spacious 3 bedroom Colonial with large family room and 2 car garage, much updating. \$114,900. Gene at Callahan Real Estate, 527-4652.

Westhampton. 8 room, 2 bath farmhouse with barn on 8 plus acres. Nice place for animals or horses. Possible other lot. \$114,900. Gene at Callahan Real Estate, 527-4652.

Easthampton. Charming 3 bedroom colonial in quite area. Skylights, french doors, natural woodwork, private yard, pool. Owner transferred wants offers. \$125,000. Gene at Callahan Real Estate, 527-4652.

Northampton. Like 2 houses. Front 5 bedrooms with wood floors, back 3 bedrooms, many improvements. \$155,000. Gene at Callahan Real Estate, 527-4652.

Westhampton. 4 bedroom, 2 bath Cape near center. 21'x13' family room with skylight, needs work but nice location and yard. \$155,000. Gene at Callahan Real Estate, 527-4652.

Southampton. Custom built brick home on 51/2 acres showing pride of ownership throughout. Spacious living room with fireplace, 3 bedrooms, 2 baths, family room, wrap around deck. \$199,900. Gene at Callahan Real Estate, 527-4652

Southampton. Executive or horse lovers estate. 4 bedroom, 21/2 bath Colonial on 7.34 acres, 2 acre pasture, horse barn, in-ground pool, picturesque view. \$259,900. Gene at Callahan Real Estate, 527-4652.

Houses For Sale Cont.

Northampton. Elegant 4 bedroom, 2 bath Colonial on 14 acres. The barn, workshop, tennis court and nature trails make this a unique property. \$210,000. Gene at Callahan Real Estate, 527-4652.

Beautiful Mountain Retreat Huge 1 bedroom with spectacular view. One mile from Northampton. Good artist space for? \$600. 268-8320.

Insurance

Lowest cost for Health, Accident, Life, Dental, and Disability protection programs. From \$7.41/mo. Mutual of Omaha supports rainforests, endangered species, etc. Call (413) 256-0107 for more information.

Musical Instruments

Base Guitar Kramer, with case. Barely used. \$350 new, asking \$300. Call Peter. 665-6730.

Free! Free! Free! Upright piano free to good home. Needs tuning, but good condition otherwise. Call Ilene at 532-7399 eves. after

Ashiko, Djembe, Conga, Djun-Djun, Conguito, Ossi, Claves, Mallets, Flutes, Cuicas. Fine skins, fine woods. All sizes, reasonable prices. Joe Platz percussion-classes-workshops-performances. 12 Water St., Leeds, MA 01063, Box 329. 586-2427

Ensonig KS-32. Almost new, weighted keys, excellent piano sounds. Must sell. \$1,200. 542-4237.

Piano Lessons. All ages/levels. Accepting new students in Northampton/South Hadley. Michele Smith, 586-5114.

Learn African and Afro-Cuban music, singing drumming, hand percussion; all levels. Instruments supplied, private and group instruction. Level I Thursday, Level II Tuesday, Level III Wednesday, 7-9P.M. East St Studios, 47 East St, Hadley. For information call 586-2427, 323-5009.

Music Lessons - Song writing and composition of pop, jazz, top 40, classical, and blues. Call after 3. Springfield. (413) 737-7772.

Notices/Events

GRAND OPENING

Out of the Past Vintage Clothing has just opened in Northampton and is featuring the best in Vintage clothing, accessories, and jewelry. 2B Conz St. in The Maplewood Shops (Across from the Brewery). Call 586-9431 for more information.

Attention All UMASS Men . Pi Kappa Alpha Fraternity is holding 1994 Fall Open Rush. Come see what we have to offer: A Commitment to Excellence; Lifelong Friendships; Strong Athletic Program; Unparalleled Social Life; Academics Highly Stressed; Excellent Meal Plan; and Olympic Weight Room. September 19th thru the 22nd, and 26th thru the 29th. 418 N. Pleasant St., Amherst. Contact Ren McEachern, Rush Chairman @ 549-4003.

Notices/Events Cont.

Turkey Shoot . Every Sunday starting Sept. 11th , twelve noon to 3P.M. Rt. 10 Southampton. Food and soda. NO alcohol allowed. For info call Bruce, 529-0306.

Introduction to Shamanic Journeywork - Sat. Sept. 24, 10 to 5. Call (413)339-0201 for information and to register.

Shaminic Journey, workshop for experienced journeyer -Living well, honoring our deepest selves. Sun, Sept. 25, 10 to 5. Call (413) 339-0201 for information or to register.

The Italian Traveling Wanderer and (Boom) Shaq Diesel, along with Young Vietnam are accepting applications to join the "Really Cool & Neat Crew". Cover letter and résumé's well as a love of big dogs are a must.

Montague Mini Mart, for all your convenience needs. Now selling Beer and Wine on Sundays!!! To check out our back to school specials, take Rte. 47N into Montague Center

Creative Writing Workshop, with Dina Frieddman, Friday mornings. Also aonce-amonth Thursday group.. 586-2388/800683-WORD, AWA certified.

Gay and Lesbian Dance Weekend, S., Fallsburg, NY, October 21-23. Entire Hotel! – No Hassles! Positive Singles, 586-2388/800-683-WORD.

Ballroom Dance Weekend, Ellenville, NY, November 18-20. World Class faculty and lots of dancing lessons. Positive Singles, 586-2388/800-683-WORD.

Thank you St. Jude for favors granted. Nothing is hopeless if you believe. Love, Patrick.

Exciting Season at the Academy of Music! Call Commonwealth Opera now for a brochure. 586-5026.

Office Space For Rent

Easthampton Area. Various sized industrial offices for rent. Gene at Callahan Real Estate, 527-4652.

Easthampton. For rent store, office or restaurant. 1,250 sq. ft. \$600 +. 528 sq. ft. \$375 +. Other commercial rentals available. Call Gene Callahan Real Estate, 527-4652.

Real Estate For Sale Business/Commercial

Easthampton . 47,000 sq. ft. building for lease. Part can be leased. 42,300 sq. ft. industrial area including 3,600 sq. ft. office. \$2.00per sq. ft. NNN plus. Excellent parking. 1/2 OFFICE AREA LEASED. Call Gene Callahan Real Estate, 527-4652.

Easthampton. New listing! 25-100 sq ft commercial lot in good traffic location. \$98,000. Call Gene Callahan Real Estate, 527-4652

Real Estate Cont.

Easthampton. Location! Location! 15 acres across from the Johann's. \$400,000. Call Gene Callahan Real Estate, 527-4652.

Northampton. 5 unit zoned business, used residential. \$179,900. Call Gene Callahan Real Estate, 527-4652.

Lots For Sale
Easthampton/Northampton
boundary. Spacious building lots
on high level. Clear land, wide
open view of the Valley, facing
east, including Mt. Holyoke & Mt.
Tom. 7 lots 1/2 - 4 acres. One lot
sold. 4 lots in Easthampton w/
town water + sewer. 3 lots in
Northampton. Call (413) 5274342.

Wanted To Buy

Baby Items. Crib, sheets, playpen, stroller, boys' clothing, pack/carrier, rocking chair... We need it all!! Sue & Scott, 256-4543.

Canoe Wanted Aluminum or fiberglass, good condition. Call (508) 544-5785.

Porch Furniture Wanted tion. Call (508) 544-5785.wicker or wood, good condition. Call (508) 544-5785

People Who Trade live Grateful Dead and Phish tapes. I have over 400 hours to offer. Call Beef at (413) 323-0189

Optimist Classifieds



The key to success

To place your Classified in The Valley Optimist, call (413) 586-7070, fax it to us at (413) 586-0412, or fill out the form on the next page and mail it to us. Then, just sit back and enjoy the results.

Professional Business Directory

Advertising Design

Buttons by Wilson.Become a walking billboard! Display your statement, birthday, reunion, music group, or social concern on a button. Special OPTIMIST price: 50 factory made buttons, \$23. Call Gregory, the button person, 586-8554.

Freelance Advertising and Graphic design.. Are you looking for affordable advertising and design services to turn your market and sales material into visual solutions? Call for a free, no-obligation presentation. (413) 536-4746.

Design. Specializing in strong graphic identity development for alternative businesses. Contact Jim Sadler. 586-4092

Design. Certificates, awards, invitations, Announcements. Call Eric at 586-4092.

Good Looking! Illustration, Symbols, Logos, Maps, Presentation Slides and more. David Farkas- Computer Graphic Artist/Illustrator. 253-0958.

Murals, Faux Finishes, and specialty art work-your design or mine. Reliable, experienced, insured. Ellen Jones Arts & Design has left Chicago for the Pioneer Valley. Call today to schedule an appointment to see a portfolio and get an estimate. Payment plans available. Phone/Fax (413) 584 • 3801.

Adv/Design Cont.

Tired of telling people where to go? Save time, avoid confusion. Get a professionally drawn map and show them. David Farkas - Computer Graphic Artist/Illustrator. 253-095

Business Opportunity

Business Opportunity Set your own hours and goals. Distribute multi-pure drinking water purifiers. \$15 investment gets you going. Call (617) 738-6610 for details.

Easthampton Area . Established restaurant, good figures, loyal customer base. Call Gene Callahan Real Estate, 527-4652.

FREE CATALOG Brings hundreds of money-making ideas. Write to Merrill Publishing, University Dr. P.O. Box 2412, Amherst, MA 01004 or call and leave name and address, 584-2282.

Eric's Repairs. Carpenter, painter, plumber, electrician. 30 years experience. 253-9439, 8A.M. 10P.M.

MAKE MONEY

No Investment Needed Sell Gold Jewelry & More Buy At Wholesale Prices!! Free Color Catalogs. 1-800-425-7622

Bus. Opp. Cont.

Try Resource/Referral Center. A not-for-profit group dealing with ADOPTION issues. Search consultation and assistance. 2 monthly support group meetings. Quarterly newsletter lending library counseling and crises intervention. Telephone 584-6599.

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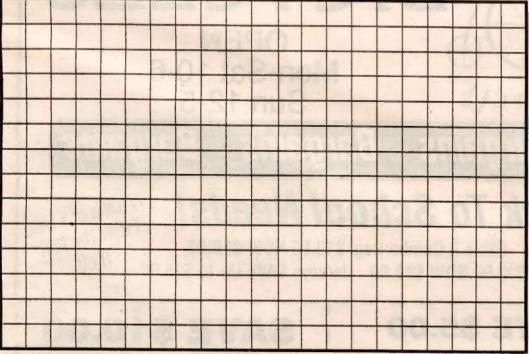
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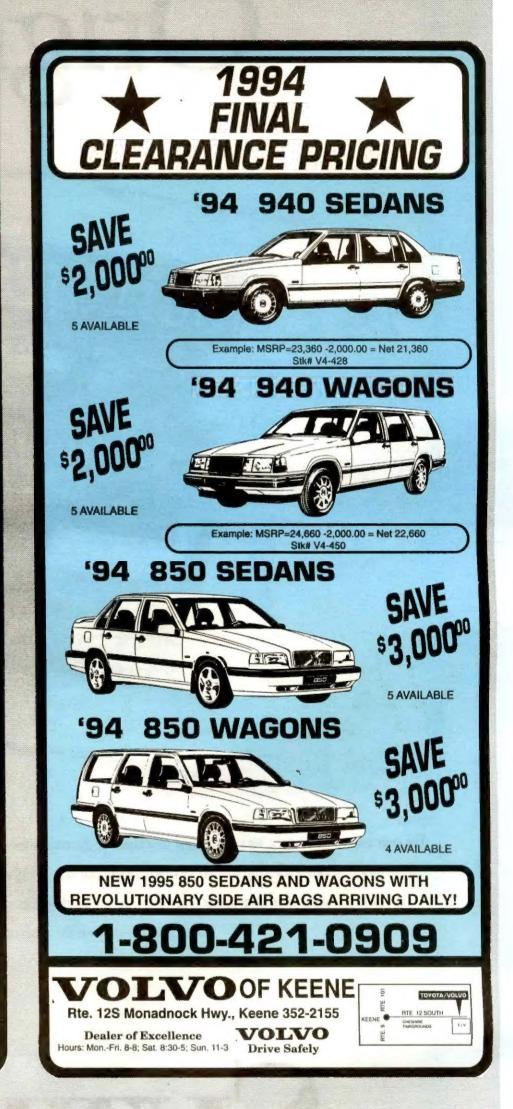
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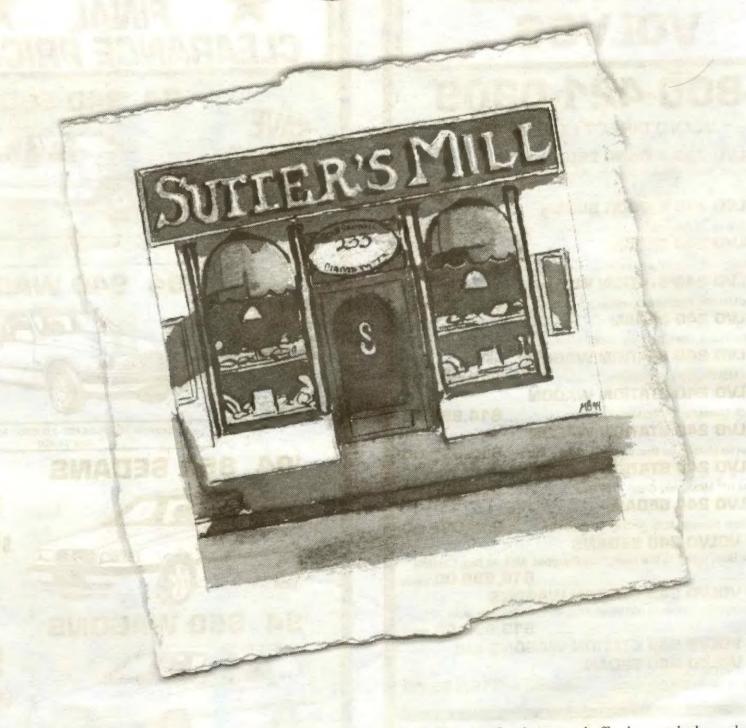
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